

## Six different ways to support Prostate Scotland this Festive season

### Prestonfield Burns Supper – 25th January 2018

Burns Night is on 25th January, and what better way to celebrate than treating yourself to a great night out at the Prestonfield Burns Supper in aid of Prostate Scotland? Taking place in Edinburgh at Prestonfield House Hotel, one of Scotland's most famous venues, tickets are priced £50, including welcome drinks and a magnificent three course dinner and coffee, with seating at tables of ten. Broadcaster Grant Stott will be our host for the evening and will be introducing an entertaining range of speakers including celebrated actor and author David Ashton, and Football Director Jacqui Low. As well as the fabulous speeches you will also be entertained with music from Calum Wood, Robert Black and Alice Bailey. There will be an auction and prize draw during the evening to support Prostate Scotland's work. To book, please call Prestonfield on 0131 662 2305 or email [events@prestonfield.com](mailto:events@prestonfield.com)

### Sign up for a challenge in 2018

Thinking about setting yourself a new challenge for the New Year? Could you fundraise in aid of Prostate Scotland while doing so? Then head to the fundraising pages on our website, where we have free places in many organised fundraising events in Scotland, whether you like to walk, cycle, swim or run! If you would like to include fundraising as part of a social event then you'll also find a handy A to Z of fundraising ideas on our website too.

### Do your festive shopping online via Easyfundraising

Looking for that elusive present or can't face trawling round the shops? There is a huge range of retailers, including many household names available online at [easyfundraising.org.uk/causes/prostatescotland](http://easyfundraising.org.uk/causes/prostatescotland) where you can find some excellent bargains and choice, knowing that the retailers donate to Prostate Scotland for each purchase you make.

### Christmas and New Year cards in aid of Prostate Scotland

With Christmas and New Year around the corner – greetings cards in aid of Prostate Scotland are available from [www.charitychristmascards.com](http://www.charitychristmascards.com). This offers supporters of Prostate Scotland access to the purchase of and printing of personalised charity Christmas and New Year cards. Supporters and friends and family can choose from a range of designs and have these printed with their own message. The purchase of a Christmas card from their range will benefit Prostate Scotland by up to 50p per card. Supporters who would like to do so can order online, post or fax. To do so online go to [www.charitychristmascards.com](http://www.charitychristmascards.com), by post write to 91 Clydesdale Place, Moss Side Industrial Estate, Leyland PR26 7QS, or phone 0330 123 1051 and email [christmasdirect@ccaoccasions.com](mailto:christmasdirect@ccaoccasions.com)

### Volunteer

Would you be interested in helping us raise awareness of prostate disease, or helping us fundraise? We welcome volunteers from all over Scotland to help us get the awareness out to their local communities. A volunteer toolkit is provided to each volunteer. We've provided some more information on our website at [prostatescotland.org.uk/support-prostate-scotland/volunteering](http://prostatescotland.org.uk/support-prostate-scotland/volunteering)

### Make a Donation

If you would like to make a donation to support our work to raise awareness, and provide information about prostate cancer and disease and to research into service and treatments needs of men with prostate cancer and disease, you can do so online at [prostatescotland.org.uk/donate](http://prostatescotland.org.uk/donate). You can send us a donation by text (up to £10) by texting PRST08 to 70070 utilising the JustTextGiving service by Vodafone (the cost of the call is free on most networks). Or you would be welcome to send a cheque made payable to Prostate Scotland to Prostate Scotland, 14 Torphichen Place, Edinburgh, EH3 8DU, or call us on 0131 603 8660 if you would like to donate by credit/debit card.