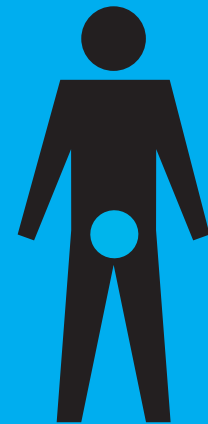


Prostate log book



Date	PSA	Other test result e.g. x-ray, Gleason score, prognostic grade group, staging, bone scan, etc.	Treatment	Comments

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Questions I would like to ask:

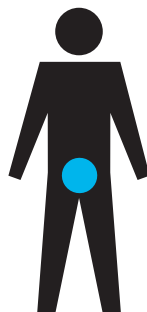
Date/ Question	
Answer	Dr/CNS
Date/ Question	
Answer	Dr/CNS

If you have any worries or concerns about your illness or treatment then it is best to speak to your consultant(s), CNS or GP. The organisations listed overleaf offer different services and some offer telephone support helplines, but not all of them cover the full range of prostate diseases.

● PROSTATE LOG BOOK



Organisation	Address/Website	Contact Number
Prostate Scotland	www.prostatescotland.org.uk	Contact our information line on 0300 666 0236
Cancer Research UK	www.cancerresearchuk.org	0808 800 4040
Macmillan Cancer Support	www.macmillan.org.uk	0808 808 0000
Maggie's provides free practical, emotional and social support to people with cancer and their family and friends. To find your nearest Maggie's Centre please see the next columns	www.maggiescentres.org/our-centres/ then enter your postcode	0300 123 1801
Prostate Cancer UK	www.prostatecanceruk.org	Helpline number 0800 074 8383
There are often support groups for men with prostate cancer (and their families) and some of the support groups run a buddy scheme		
For more information on support groups go to our website	www.prostatescotland.org.uk/help-and-support-for-you/support-groups	0131 603 8660



Contact Us

Prostate Scotland, 14 Torphichen Place, Haymarket, Edinburgh EH3 8DU.

Tel: 0131 603 8660. Email: info@prostatescotland.org.uk

www.prostatescotland.org.uk

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The information contained in this leaflet has been developed by Prostate Scotland and reviewed by its Advisory Group of doctors, nurses and patients. This leaflet is not intended to replace medical advice or seeing a doctor for specific illnesses or symptoms.

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