



Prostate cancer?



Join a Living Well with Prostate Cancer Course

Hear from experts about managing side effects, the practicalities of living with prostate cancer, finances and what you can do to live well. Meet others and pick up tips to reduce the impact on your life. Find out more at: prostatescotland.org.uk/help-andsupport-for-you

Talk to a Cancer Support Specialist

They'll listen, answer your questions and guide you to the right information about anything from your diagnosis, to your treatment options or side effects. Visit us in the Maggie's Centre, or we can speak on the phone or by video call.

Phone: 01236 771199 Email: lanarkshire@maggies.org Visit us at: Maggie's Lanarkshire, Monklands Hospital, Airdrie, ML6 0JS Find out more: prostatescotland.org.uk/help-and-support-for-you

