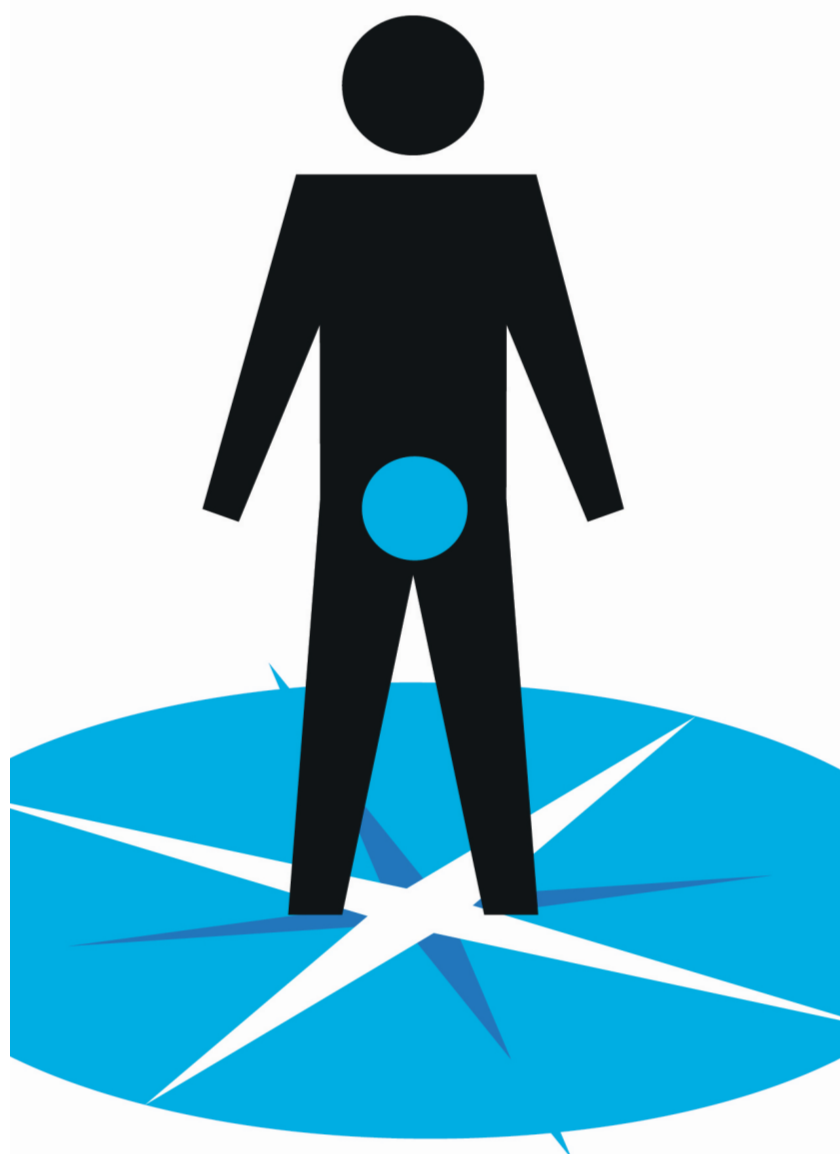




Prostate cancer?



Join a Living Well with Prostate Cancer Course

Hear from experts about managing side effects, the practicalities of living with prostate cancer, finances and what you can do to live well. Meet others and pick up tips to reduce the impact on your life.

Find out more at:
prostatescotland.org.uk/help-and-support-for-you

Talk to a Cancer Support Specialist

They'll listen, answer your questions and guide you to the right information about anything from your diagnosis, to your treatment options or side effects.

Visit us in the Maggie's Centre, or we can speak on the phone or by video call.

Prostate Scotland and Maggie's Forth Valley have teamed up to make sure there is help available when you need it most. Just call or email us to arrange a time to visit, to speak on the phone or by video call, or to join our next course.

Phone: 01324 868069

Email: forthvalley@maggies.org

Visit us at: Maggie's Forth Valley, Forth Valley Hospital, The Nina Barough Building, Off Quintinshill Drive, Larbert, FK5 4SG

Find out more: prostatescotland.org.uk/help-and-support-for-you

These services are part of Prostate Scotland's COMPASS project which aims to help men across Scotland navigate prostate cancer and disease through a range of support and wellbeing services. Find out more about Prostate Scotland and the help and support we offer at prostatescotland.org.uk or phone 0131 603 8660.