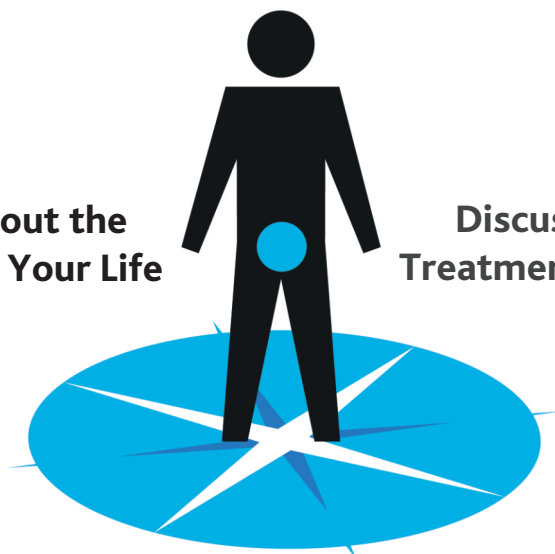


# Prostate cancer?

**Talk Through  
Your Diagnosis**

**Chat About the  
Impact on Your Life**

**Discuss Your  
Treatment Options**



**Talk About Your  
Side Effects**

**If you or someone you care about has  
been diagnosed with prostate cancer,  
we're here to help**

Finding out you have prostate cancer, or living with prostate cancer can change your life. Prostate Scotland and Maggie's Highlands have teamed up to make sure there is help available when you need it most.

Whether it's talking through being diagnosed with prostate cancer, chatting about your treatment options, speaking about your symptoms and side effects or the impact it's had on your life, we're here to help.

Our Cancer Support Specialists have specialist knowledge of prostate cancer and are available to listen, support and guide you. The service is free and you can speak to us as often as you like.

Just call or email us to arrange a time to visit, to speak on the phone or by video call/online.

**Phone:** 01463 706306

**Email:** [highlands@maggies.org](mailto:highlands@maggies.org)

**Visit us at:** Maggie's Highlands, Old Perth Road, Raigmore Hospital, Inverness, IV2 3FL

**Find out more:** [prostatescotland.org.uk/help-and-support-for-you](http://prostatescotland.org.uk/help-and-support-for-you)

This service is part of Prostate Scotland's COMPASS project which aims to help men across Scotland navigate prostate cancer and disease through a range of support and wellbeing services. Find out more about Prostate Scotland and the help and support we offer at [prostatescotland.org.uk](http://prostatescotland.org.uk) or phone 0131 603 8660.



Supporting you to navigate prostate cancer and disease

Prostate Scotland Registered Office: Princes Exchange, 1 Earl Grey St, Edinburgh EH3 9EE Registered Charity Number: SC037494. Company No. SC306268.

Maggie's Registered Office: Maggie's, The Gatehouse, 10 Dumbarton Road, Glasgow, G11 6PA Registered Charity Number: SC024414.

The Maggie Keswick Jencks Cancer Caring Centres Trust is a company limited by guarantee Company Number: SC162451

