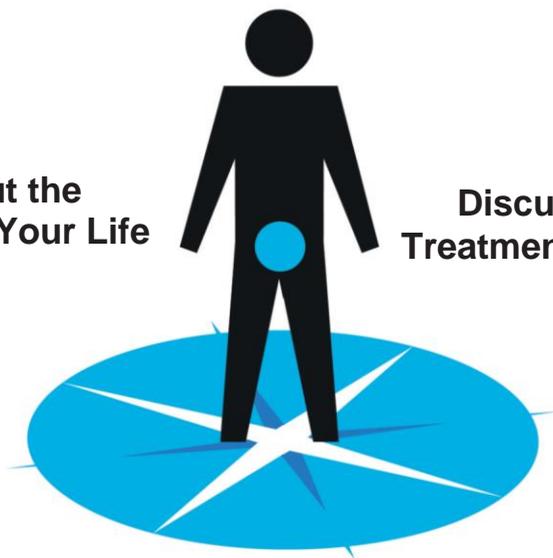


Prostate cancer?

**Talk Through
Your Diagnosis**

**Chat About the
Impact on Your Life**

**Discuss Your
Treatment Options**



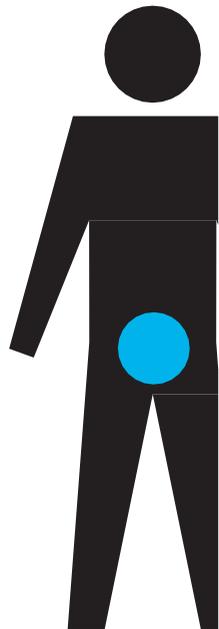
**Talk About Your
Side Effects**

**If you or someone you care about
has been diagnosed with prostate
cancer, we're here to help**

Finding out you have prostate cancer, or living with prostate cancer can change your life. Prostate Scotland and Maggie's Highlands have teamed up to make sure there is help available when you need it most.

Whether it's talking through being diagnosed with prostate cancer, chatting about your treatment options, speaking about your symptoms and side effects or the impact it's had on your life, we're here to help.

Our Cancer Support Specialists have specialist knowledge of prostate cancer and are available to listen, support and guide you. The service is free and you can speak to us as often as you like.



Just call or email us to arrange a time to visit, to speak on the phone or by video call/online.

Phone: 01463 382900

Email: highlands@maggies.org

Visit us at: Maggie's Highlands, Old Perth Road, Raigmore Hospital, Inverness, IV2 3FL

Find out more: prostatescotland.org.uk/help-and-support-for-you

This service is part of Prostate Scotland's COMPASS project which aims to help men across Scotland navigate prostate cancer and disease through a range of support and wellbeing services. Find out more about Prostate Scotland and the help and support we offer at prostatescotland.org.uk or phone 0131 603 8660.

