

**REGISTERED COMPANY NUMBER: SC306268**  
**REGISTERED CHARITY NUMBER: SC037494**

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 August 2014  
for  
Prostate Scotland**

Ogilvie & Company Limited  
25 Rutland Square  
Edinburgh  
EH1 2BW

**Prostate Scotland**

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for the Year Ended 31 August 2014**

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## Prostate Scotland

### Report of the Trustees for the Year Ended 31 August 2014

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2014. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

#### REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Company number**

SC306268

**Registered Charity number**

SC037494

**Registered office**

Princes Exchange  
1 Earl Grey Street  
Edinburgh  
EH3 9EE

**Trustees**

Prof S A McNeill  
Mrs M A McNeill  
Mrs M F Hallam  
J M Thomson OBE  
R N Wilson  
Dr A Gregor CBE  
A C McLaren  
Dr D J Bilsland  
Mrs J Greig - appointed 12.5.14  
I G Conn - appointed 1.12.14

**Company Secretary**

Mrs M A McNeill

**Independent examiner**

David C N Ogilvie  
FCA  
Ogilvie & Company Limited  
25 Rutland Square  
Edinburgh  
EH1 2BW

**Solicitors**

Turcan Connell  
Princes Exchange  
1 Earl Grey Street  
Edinburgh  
EH3 9LL

**Administrative office**

Gf, 6 Hill Street  
Edinburgh  
EH2 3JZ

**Investment Managers**

Adam & Co  
25 St Andrews Square  
Edinburgh  
EH2 1AF

**EVENTS SINCE THE END OF THE YEAR**

Information relating to events since the end of the year is given in the notes to the financial statements.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, the Memorandum and Articles of Association, and is a company, limited by guarantee, as defined in the Companies Act 2006. The organisation is a registered Scottish charity under the Charities and Trustee Investment (Scotland) Act 2005. The Board of trustees meets quarterly and receives reports on income and expenditure, as well as the charity administration and management. Day to day operations and administration are delegated by the trustees to the charity's director Adam Gaines, who is a full time employee and who makes regular reports to the Board. Sir Tom Farmer CBE, CVO, KCSG, DL was appointed as the charity's Patron in July 2009.

##### **Recruitment and appointment of trustees**

Trustees are appointed for a period of three years, and are eligible for reappointment for subsequent terms. Julia Greig and Graeme Conn were appointed in May 2014 and in November 2014 respectively as trustees for terms of three years. The Charity now has 10 trustees.

##### **Risk management**

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have identified and reviewed the major risks to which the charity is exposed and recorded these in the risk register. The Trustees are satisfied that systems are in place to mitigate exposure to these risks.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the company are to advance education and health in relation to prostatic disease and the relief of ill-health through the advancement of treatment and management of prostatic diseases by all or some of the following means:-

- the advancement of education about the prostate gland and diseases affecting it and their treatment;
- the funding, promotion and provision of counselling, support and advice for those affected by prostate disease;
- the funding and promotion of research into prostate disease in Scotland or elsewhere;
- the provision of funding to maintain surgical equipment for the treatment of prostate disease;
- the purchase of surgical equipment for the specific purpose of treating prostate disease.

The charity's short to medium term aims are to:

- Enable more men in Scotland to be aware of prostate disease and know where and how to get help, advice and treatment;
- Encourage the development and inclusion of policies on health to take prostate disease and treatment into account;
- Encourage an increase in survival rates of men with prostate cancer, and a slowing in the growth in numbers of people in Scotland with prostate cancer, through encouraging early diagnosis;
- Promote awareness and information on prostatic diseases (both amongst men and their families and amongst key decision makers);
- Development of emphasis on/availability of treatments, equipment and research into prostatic disease in Scotland.

Actions towards achieving these include:

- The development of and dissemination of materials to increase awareness of prostatic disease including the development of awareness campaigns;
- The development and dissemination of three series of information leaflets and booklets to provide men and their families with information about prostate diseases and their treatments; with dissemination particularly via GP surgeries and hospitals
- Provision of a multifunctional website to provide information on prostatic disease;
- The development and circulation of educational films about prostatic disease and its treatments;
- The taking forward of a Workplace Initiative to provide information about prostate disease via workplaces;
- The taking forward of a research project jointly with the Cancer Care Research Centre at Stirling University into the future services and treatment needs of men with prostate disease in Scotland;
- Working with other charities and health organisations to encourage the inclusion and adoption of greater treatment provision for prostatic disease;
- The development and taking forward of an appeal to fund the purchase of two robots for robot-assisted prostatic surgery in the East and West of Scotland called the Blue Horizon Robot Appeal.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **ACHIEVEMENT AND PERFORMANCE**

During the year considerable progress was made towards the achievement of the short and medium term aims. This is set out below:

There was significant development during the year in taking forward the charity's new and revised three year strategy and business plan which set out for 2013-16 to prioritise the:

- Promotion of awareness raising of prostatic disease and treatments and encouragement of early detection;
- Developing information and advice materials about prostate disease and its treatments for men and their families and taking forward their distribution across Scotland;
- Development of policy awareness and inclusion of prostate issues in national health/ public policy;
- Development of research into further improvements with regard to services and treatment in Scotland in relation to prostate disease;
- Development of the Blue Horizon Robot Appeal for robotically-assisted prostate surgery in Scotland;
- Development of the organisational resource base and capacity to support its key work and objectives

Considerable progress was made towards achieving these with:

- A range of awareness raising measures undertaken with over 73 toolbox talks, presentations, awareness and fundraising talks across Scotland given and exhibitions and displays attended;
- The taking forward of the Information and Advice project including the distribution of over 33,000 'Brief' and 'Simple Guides' to prostate disease and its treatments and over 4,000 comprehensive 'Explanatory Booklets' on the treatment of prostate disease, as well as the development of a new specialist series of 'Spotlight on' guides covering specific treatments;
- Over 25,000 visitors to the website during the year with over 80,000 page views and in total over 250,000 people reached through media, publications, website and events;
- The taking forward of a project with the Cancer Care Research Unit at Stirling University to develop research into future prostate services and treatment needs in Scotland;
- Significant development work and consultation on the development of the appeal to raise the funds for robotically assisted prostate cancer surgery in the east and west of Scotland was undertaken followed by the launch of the 'Blue Horizon Robot Appeal';
- A further increase in the number of volunteers supporting the charity's work.

#### **Awareness Initiative**

A wide range of activities was taken forward across Scotland to raise awareness of prostate disease, and its symptoms amongst the general public and especially amongst men aged 50 and over. The trustees would like to thank the many individual donors who have supported the charity's awareness work during the year, as well as the Grand Lodge of Scotland and many Provincial and Daughter lodges, for kind support of the charity's awareness work. The trustees would also like to thank the Provost of East Ayrshire for a very generous donation from his Charity Campaign to raise awareness of prostate cancer.

This past year has seen significant external work to raise awareness of prostate disease and its treatments and to encourage early diagnosis. A key element in this work has been the distribution of our 'Workplace Toolkit' and also the undertaking of 'Toolbox talks' to businesses and organisations across Scotland, together with the holding of awareness information exhibitions and displays. The uptake of these exceeded our expectations with over 61 Toolkits being requested and dispatched throughout Scotland resulting in Prostate Scotland engaging with various businesses and organisations to provide further information or participate in health awareness days directly reaching many thousands of men, many of whom are in the 'hard to reach group'. Take up of the Workplace Toolkits was so strong that we have reviewed, updated and reprinted the Toolkit.

We have undertaken awareness sessions with many organisations including HMRC, Fife and West Lothian Councils, National Air Traffic Control Service in Prestwick and Glasgow, Benkert printers, Diageo's Levenhall plant, Moredun Institute, Richmond Fellowship and Scottish Water. The initiative with Fife Council took place from March through to May 2014, and has proven to be very successful with very good feedback from staff across the council, as well as significant increase in visits to the website from people across Fife. The West Lothian council initiative took place in 3 different venues with many hundreds of publications being distributed to staff.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **ACHIEVEMENT AND PERFORMANCE**

A key area that we focused upon during the year was the construction industry, with its significant male workforce. We worked in partnership with Lend Lease, Morgan Sindall, Kier, Heron Builders, Miller Construction, Morrisons and Muir, to deliver short prostate information Toolbox presentations to staff on construction sites and in workplaces with very positive feedback. Sites visited included the new venue SSE Hydro Glasgow, Technology Innovation Centre - Strathclyde University, Miller headquarters, as well as sites in Lanarkshire and health sites with presentations from Rosslyn in the south to Wick in the North.

Over the year over:

- 38 toolbox talks were given,
- 14 exhibitions and displays attended
- 21 awareness and fundraising presentations and talks were given

The range of exhibitions and displays attended included:

- The 50+Show - a three day exhibition at the SECC in Glasgow ( including public awareness talks)
- Army Personnel Health Fair
- Scottish Urological Society
- British Association of Urological Nurses

In addition a range of talks and displays were given including to:

- Several Provincial Grand Lodges and Daughter lodges
- Staff from Edinburgh College (in partnership with the Edinburgh and Lothians Prostate Cancer Support Group),
- British Science Association Public lecture in Dundee on prostate cancer
- Edinburgh and Lothians Prostate Cancer Support
- Several Rotary clubs
- Edinburgh College Pharmacy Technicians

In July and August 2014, to follow on from an awareness initiative in the Borders in the previous year, a targeted awareness /information project in Lanarkshire and Forth Valley areas was undertaken. Mailings to GPs in Lanarkshire and Forth Valley were undertaken, which were followed up by an awareness initiative in these two areas, with posters and leaflets in social, welfare and sports clubs as well as washrooms in 200 pubs across the region. The awareness initiative aimed at the public proved to be effective in terms of the number of website hits during July and August from those areas. The funds for the initiative derived from a donation from Bothwell Golf Club for which the trustees express their grateful thanks. Thanks are also due to Bart Dignan for researching and coordinating the initiative and to Richard Kelly of Mediaspark for his help and advice.

A partnership arrangement was also entered into with Linlithgow Rose Community Football Club to partner with the club to highlight and raise awareness of prostate disease including displaying the charity's logo and slogan 'awful dribbling' on both home and away shorts for the season ahead. The partner's aim is to raise awareness of prostate disease for teams which the Rose play against as well as the public. The launch of the initiative was supported by actor, broadcaster and Prostate Scotland ambassador Grant Stott. By the start of the season the initiative had already raised significant press and media coverage, including in the Daily Record and the Edinburgh Evening News which also gave the initiative a big thumbs up with an editorial extolling the power and value of the initiative using football to raise awareness. The initiative also led to a major item on Sky Sports News, reaching hundreds of thousands of people. The trustees would like to thank the team's captain, David Ridd and the rest of the team for their wonderful support.

The trustees would like to thank the many businesses and organisations that we have worked with over the past year to help raise awareness of prostate disease and its symptoms and treatments. The trustees would also like to thank the many volunteers who have helped us with our awareness raising work including Alasdair Ferguson, Alison Walker, Billy Mathieson, Gordon Turnbull, John Fulham, Rob Lester, Roddy Maclean, Sarah Jane Whelan, Stephen Bird and Walter Moodie.

Over the past calendar year more than a quarter of a million people were reached through events, talks, media coverage, publications and website.

## Prostate Scotland

### Report of the Trustees for the Year Ended 31 August 2014

#### ACHIEVEMENT AND PERFORMANCE

##### Information and Advice Project

The Information and Advice Project, which is aimed at providing information and advice about prostate disease and its treatments, saw significant and substantial progress during the year. The trustees are pleased to report that following an initial three year project grant from the Scottish Government with matched funding from Sir Tom Farmer through the Farmer Foundation; a further three year project grant from the Scottish Government was approved in June 2013. The trustees would like to record their thanks to the Scottish Government and Sir Tom Farmer for their generous support. The charity has also received several significant donations from individuals and organisations during the year towards this work, including from an anonymous donor, as well from Comrie Cancer Care Research and Relief Fund and the Baw Bags Challenge, enabling us to extend our range of publications and the 'Spotlight On' series of treatment information booklets in particular.

The Information and Advice Project involves the development of information for men, their families/partners and also for primary care staff and GPs. The overall objective of the project is to:

'Ensure that every man in Scotland will have access to at least one piece of literature about prostate disease'. Specifically the following outcomes are aimed for:

- Men over 40 becoming more aware of prostate disease, and where to find information;
- Families and partners becoming more aware of prostate symptoms, what can be done to assist, and who to contact for information;
- Targeted groups of Primary Healthcare staff becoming more aware of prostate health issues, the likely symptoms that may present, and sources of information for patients; and
- A functioning information service on prostate disease providing a contact point for relevant information.

The strategy that the charity has adopted for taking forward this project and towards further closing the information gap that exists in Scotland in regard to prostate disease includes the following six steps:

- Development of a website ([www.prostatescotland.org.uk](http://www.prostatescotland.org.uk));
- Development of awareness materials;
- Development of 'Simple guides' giving basic information for people new to the subject of prostate disease or prostate cancer and for those who require less detailed information;
- Development of 'Explanatory guides' providing more detailed information for men diagnosed with prostate disease or prostate cancer and their families;
- Development of 'Spotlight on guides' which identify a specific topic or treatment e.g 'Spotlight on prostate biopsy';
- Targeted distribution of materials across Scotland

This strategy was developed to follow a logical sequence from provision of widespread access to information through the internet, to raising awareness materials and followed by provision of materials on each prostate disease and prostate cancer. The objective of the information materials is threefold:

- To raise awareness of prostate disease and prostate cancer amongst the general public particularly targeting men over 50, those within the 'hard to reach group' and those most at risk of prostate disease;
- To have available accessible and relevant information and resources for men and their families following a diagnosis of prostate disease or prostate cancer;
- For clinicians, Clinical Nurse Specialists (CNS) and GPs to have back-up information to provide to men following their consultation.

In September 2013 the charity's publications were recognised by the BMA Patient Information Awards 2013 with Prostate Scotland's information receiving two awards: 'Highly commended' for 'Advanced prostate cancer explained' and 'Commended' for 'BPH and treatments explained'. The trustees would like to thank and congratulate Mae Bell, the charity's Information and Advice Coordinator, and the charity's Information Advisory Group (PAGES), chaired by Prof. Alan McNeill for their hard work and effort in developing such a strong set of information materials and for the excellent progress that has been made in ensuring that patient information is now available on such a wide and growing range of prostate disease and treatment issues.

The significant progress on taking forward the information and advice project during the year is demonstrated by the distribution over this period of over 33,000 'Simple' and 'Brief' guides to prostate disease and its treatments across Scotland. Over 4,150 'Explanatory' and 'Spotlight' guides on prostate disease and prostate cancer were distributed to hospitals and GPs. Several hospitals are now providing 'Spotlight on prostate biopsy' and 'Early prostate cancer explained' to all relevant patients, thus we are reaching a significant number of the men diagnosed annually with prostate cancer (who number circa 2,800 per annum) or prostate disease.

## Prostate Scotland

### Report of the Trustees for the Year Ended 31 August 2014

#### ACHIEVEMENT AND PERFORMANCE

The demand for the charity's publications 'BPH and treatments explained' and 'Early prostate cancer explained' was so strong that it resulted in review, revision and reprint of both publications. We have also updated and reprinted the 'Simple' guide to PSA tests following comments from the Advisory Group and also the former Urology Adviser to the Chief Medical Officer.

The guide to Prostate Cancer: Is it in the Family? was reviewed and reprinted following advice and input from the Institute of Cancer Research's Prof. Ros Eeles and Audrey Arderm-Jones OBE. In addition 20,000 copies of the brief guide to prostate disease were also reprinted.

During the year substantial progress on completing the 'Spotlight guide' series of treatment booklets was achieved with several guides being produced:

- Spotlight on Prostate Brachytherapy guide;
- Erectile Dysfunction;
- Incontinence as a consequence of prostate problems;
- Pelvic floor exercises for men;
- Surgical Treatments for an enlarged prostate through Transurethral Resection of the Prostate (TURP) and Green light and holmium laser treatments guide.

A special co-branded version of the 'Spotlight guide on prostate biopsy' for Aberdeen/NHS Grampian was produced in partnership with Aberdeen Royal Infirmary and UCAN. A copy of this booklet is now made available to every man having a prostate biopsy in Aberdeen prior to his appointment. Also many hundreds of Spotlight on Biopsy booklets were made available via NHS Lothian where again every man undergoing a prostate biopsy is sent one in advance of his appointment. A reprint of 5,000 of the biopsy spotlight guides has been undertaken following the significant demand that there has been for this booklet from hospitals.

The distribution of the publications has continued to move ahead and a majority of hospitals providing treatments for prostate disease in Scotland now stock our publications to give to patients. Overall the numbers and frequency of demand from hospitals for additional publications is increasing, and this has been mirrored by an increase in website visits.

An 0300 number for callers for information went live in late October 2013 enabling people calling for information to do so at the cost of a standard call to an 01 or 02 number so that there is no difference in call charges for people in different parts of Scotland.

We also achieved much in taking information to men in their local communities and workplaces, GPs, urologists, clinical nurse specialists and oncologists. In March and April 2014 we undertook an initiative to get the booklets to GPs in Lanarkshire and Forth Valley. This was followed up by a mini awareness initiative in both areas backed up by posters and leaflets in social, welfare and sports clubs similar to the initiative the previous year in the Borders.

Feedback from events on the quality of materials and also on the impact of our 'toolbox talks' has been very encouraging, with firms recommending to other firms that they look at our information or seek a presentation from Prostate Scotland.

During the year other key developments included:

- Undertaking a significant number of presentations at conferences and attending events and exhibitions;
- A focus group was held with the LGBT Health Project for gay and bisexual men and transgender people on information needs about prostate disease to help identify key issues and needs for the provision of information.

The trustees would also like to thank the advisory group that supports the Information and Advice Project. It includes patients, former patients, clinical nurse specialists and clinicians from across Scotland and is chaired by Trustee Board Member Professor Alan McNeill. Membership includes Mr Ben Thomas - Consultant Urologist Borders General Hospital, Karen Edwards - Specialist Urology Physiotherapist Western General Hospital Edinburgh, Mr Graham Hollins - Consultant Urologist Ayr Hospital, Dr Barbara Phipps - GP Sighthill Medical Centre Edinburgh, Ms Rita O'Dea - Clinical Nurse Specialist Western General Hospital, Mr Brian Corr - Urology Clinical Nurse Specialist Raigmore Hospital, Mr Peter Phillips, Dr Roy Partington, Ms Lesley McKinlay - Lecturer Queen Margaret University, Dr Rob Lester, and Adam Gaines, the charity's director. The trustees would like to specially mention and thank Mae Bell, the Information and Advice Coordinator, for her huge dedication, hard work and effort on taking forward the Information and Advice project. Thanks are also due to Katie Boyd and her colleagues at Union Advertising for their support in the development and design of the booklets.



## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **ACHIEVEMENT AND PERFORMANCE**

In addition, the trustees would like to thank the following people for their support in the development of and distribution of the booklets: Mr David Douglas - Consultant Urologist at Raigmore Hospital Inverness, Dr Abdulla Alhasso - Consultant Oncologist at the Beatson, Dr Alastair Law - Consultant Oncologist Western General Hospital Edinburgh, Dr Duncan McLaren - Consultant Oncologist Western General Hospital Edinburgh, Mr Mark Underwood - Consultant Urologist Glasgow Royal Infirmary, Mr Grant Stewart - Honorary Consultant in Urology at the Western General Hospital, Dr Phyllis Windsor MBE - Consultant Oncologist Ninewells Hospital Dundee.

#### **Research development**

A project to research future needs for prostate disease services and treatments which was developed in conjunction with the Cancer Care Research Centre at the University of Stirling is being taken forward. This project is aimed at looking at ways of improving access to treatments, as well as means of further encouraging early diagnosis of prostate cancer and also looking at the treatment and services implications of the projected rise in the number of men likely to be diagnosed with prostate cancer in the next ten years.

The project is being taken forward via a PhD studentship and as a joint project the University of Stirling have agreed to fund half the cost of the studentship with Prostate Scotland covering the other half. Ashleigh Ward is the project researcher. The project academic supervisor is Dr Liz Forbat from the Cancer Care Research Centre and the non academic supervisor is Adam Gaines. Prof Alan McNeill and Mr Seamus Teahan from Forth Valley are the clinical advisers to the project. During the year significant progress on taking the research project forward was achieved with a literature review being completed, the granting of ethical approval for the project, and commencement of analysis of the data on prostate cancer incidence provided by the Information Services Division of the NHS National Services Scotland.

The trustees would like to thank the members of the Project Advisory Group for their input: Stephen Bird, Stephen Bramwell, Nicola Cunningham, Iain Dunn, Prof Liz Forbat, Adam Gaines, Dr Alan McNair, Prof Alan McNeill, Tony Riddick, Michael Shaw, Dr Sandy Stuart, and Seamus Teahan. During the year Dr Rob Lester joined the group and Tony Riddick and Michael Shaw stood down.

#### **Website development**

The Prostate Scotland website, which was developed as a key information resource on prostate disease in Scotland, has continued to grow and received a total of over 25,000 visitors during the year, an increase of over 8,000 visits over the previous year (over 47%). In addition, there were some 83,000 page views, an increase of 19,000 over the previous year, which is very encouraging. Nearly 80% of visitors to the site during the year were new.

A significant number of new visitors to the website came from the Fife and Lanarkshire and Forth Valley areas, coinciding with awareness initiatives in these regions. Visitors came not only from Scotland but from some 148 countries across the world. The most popular pages have been: frequently asked questions, the self test for men to check possible symptoms, information, prostate cancer, interactive video about the prostate, information about urology services in various parts of Scotland, treatments for prostate disease, early prostate cancer, prostatitis and Benign Prostatic Hyperplasia. Notable in terms of increased visits were the number of publications downloaded from the site, which showed a huge increase on the previous year. Notable also is the number of users accessing the website from tablet or mobile systems - we are aiming at making some upgrades to the website system in the future to further enhance the experience of visitors using such technology.

#### **Volunteering activities**

The charity's work to provide information to men and their families, as well as local fundraising has been significantly helped by the support of a growing number of volunteers. Volunteers are provided with a Volunteer Toolkit to support them. Volunteering support has included taking part in delivering Toolbox Workshops to organisations and businesses, assisting with displays and awareness materials, local fundraising support, as well as helping support national events, training and awareness sessions. The trustees would like to thank Alastair Ferguson, Alison Walker, Billy Mathieson, Gerry Gallacher, John Fulham, Michael Brown, Sarah Jane Whalen and Walter Moodie, amongst others for their generous assistance and support during the year which has enabled the charity to reach out to many more people with prostate disease.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **ACHIEVEMENT AND PERFORMANCE**

During the year, the charity also benefited from the assistance of a group of staff at Standard Life who undertook a Challenge to devise a future awareness campaign for Prostate Scotland. The group of staff were part of the Company's Emerging Leaders Group and Prostate Scotland was delighted to be one amongst only four charities to be selected to receive this assistance. The work and ideas of the Project group are first class and extremely helpful and exciting and the charity looks forward to utilising this innovative concept in the future to help take forward its awareness and fundraising work. The trustees would like to place on record their sincere thanks to Standard Life, Julie Ewing and Sandra Millar in particular, for kindly supporting the Project and the team of Emerging Leaders, Edward McCluggage, Rachel Ferguson, Chris Thompson, Martyn Chapell, Andrew Gordon, Geoff Day, Elisabeth Prager, and Stuart Connelly for volunteering their hard work, ideas, and creativity which has been of enormous help to the charity.

#### **Newsletter and support communications**

Two editions of the newsletter for supporters and funders were produced and sent out to supporters. In addition to the newsletter, a letter and email to supporters was sent out in the autumn of 2013 with information about Prostate Scotland's Information and Advice Service.

Almost a thousand copies of each newsletter were further distributed through a variety of other channels, particularly at events and exhibitions.

A significant number (over 21) of talks and displays about prostatic disease were given to external groups, prostate cancer support groups, Freemason's Lodges, Rotary clubs, businesses and health events right across Scotland during the year, and many visits and presentations to celebrate supporters fundraising achievements were undertaken.

The trustees are sad to report the passing away during the year of Alan Milne, a real champion of awareness raising and a very good friend of Prostate Scotland. Our thoughts and sympathies are with his wife Shona and his family. The trustees were also very sad to learn of Sean Davidson's passing away in late 2014. Sean had been an inspirational awareness raiser and supporter of Prostate Scotland. The Trustee Board sends its sincere condolences and sympathies to his wife Cheryl and his family.

#### **External relations and policy developments**

Prostate Scotland is a member of the Scottish Cancer Coalition which has 21 member charities. The coalition's purpose is to facilitate the exchange of information between charities in Scotland and to work together on issues affecting cancer. As part of the group, Prostate Scotland has engaged in a variety of issues including awareness and early diagnosis of cancer, access to cancer medicines and supporting people living with cancer and post treatment. The charity's director represents the Scottish Cancer Coalition on the Scottish Government Cancer Taskforce Sub group on the Transforming Cancer Care After Treatment Group (TCAT) Programme Board. The TCAT programme is a three year partnership programme between the Scottish Government, Macmillan Cancer Support, NHS Scotland and local authorities.

The charity, jointly with Prostate Cancer UK, was invited to be a member of the Review Group on the referral guidelines for the detection of urological cancer, including prostate cancer, which was undertaken during the year.

Prostate Scotland has continued to maintain relations with the key prostate disease organisations and meetings were held during the year with Prostate Cancer UK and the Edinburgh and Lothians Prostate Cancer Support Group amongst others. We have also worked with UCAN in Aberdeen over the past year.

The charity, in partnership with Prostate Cancer UK, met with the Scottish Government Detect Cancer Early Team to discuss and further advocate the inclusion of prostate cancer as one of the future cancer tumour types in any future Detect Cancer Early campaigns.

The charity also attended meetings of the Scottish Parliament Cross Party Group on Cancer and the Scotland Against Cancer Conference.

#### **Development of Appeal on Robotic-Assisted Surgery in Scotland**

During the Year the charity prepared and launched an appeal for a robot for robot assisted surgery in Scotland (the Blue Horizon Robot Appeal). The Appeal was set up due to the absence of robotic assisted prostate cancer surgery in Scotland and given that robot assisted surgery is very much becoming a treatment of choice in England, Europe and the United States for prostate cancer, but is not currently available in Scotland.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **ACHIEVEMENT AND PERFORMANCE**

The Appeal launch followed considerable preparatory work over the previous year and a half to consult and engage over the issue with urological community and patient groups. During the year, two consultation meetings were held with consultant urological surgeons from across Scotland, chaired by Trustee Board member Dr Anna Gregor.

During the year trustees Dr Anna Gregor and Prof Alan McNeill were invited by the Cabinet Secretary for Health to join a Scottish Government/ NHS National Planning Forum Subgroup to work with NHS planners, clinicians, scientists and other prostate charities to consider key issues in relation to minimal access surgery for prostate cancer.

The appeal was launched at a reception at the National Museum of Scotland and included speeches by the charity's patron Sir Tom Farmer, Chairman Robert Wilson, trustee Anna Gregor and Bill Samuel CBE. A special video about robotic assisted prostate cancer surgery and the appeal was shown and an appeal brochure was distributed.

During the year considerable progress on taking forward the appeal was made with a detailed fundraising strategy being developed and a number of initial approaches to potential donors and trusts being made resulting in a significant number of donations and pledges being made during the year of over £130,000. The trustees would like to thank the donors for their generosity. A Book of Thanks setting out thanks to all the kind donors is being developed to coincide with the conclusion of the appeal.

The appeal focus was adjusted towards the end of the year to concentrate on raising funds for provision in the east and west of Scotland. This was in light of the progress made by UCAN in Aberdeen in securing funds from the Scottish Government for a robot in Grampian. It was subsequently decided by the Prostate Scotland Trustee Board, following consultation with urological surgeons, to widen the Blue Appeal Horizon Robot Appeal to raise the funds for two robots, one each for the east and west of Scotland, in order to try to ensure that there is provision for robotic assisted surgery in each of the three regions of Scotland. The Appeal target is £2.86m. The Scottish Government announced in March 2015 that it would make a contribution of up to £2m towards the Appeal in the financial year 2016/17. The trustees would like to express their sincere thanks to the Scottish Government for this.

The trustees would like to thank the members of the Appeal Fundraising Committee for their advice and help - Robert Wilson, Alastair Mair, Alan McLaren, Alan McNeill, Anna Gregor, Ian Dunn, Kevin Robertson, Julia Greig, Naim Aktar, Peter de Vink, Stephen Docherty and Prof Walter Nimmo. Thanks are also due to Grant Stott, Hamish Campbell, Mary Overmeer, Chris Anderson, Alan McNeill, Dr Mustafa Mulla, Dr Rob Lester and the Union Advertising Agency for their time, ideas and help in the development of the appeal video, to Stuart Armstrong for his help and advice on fundraising, as well as to Philip Oppenheim for his help, and the many urological surgeons and men with prostate cancer from across Scotland who kindly participated in the consultation process.

#### **Fundraising activities**

The trustees were pleased to note that during the year there had been an increase in the total donations from individuals, trusts and companies. Total donations over the year were £244,490 - an increase of just under £90,000 on the previous year (£156,088). Much of the increase was due to donations towards the Blue Horizon Robot Appeal as referred to above. Donations account for the largest element of the charity's income - some 95%.

The trustees would like to acknowledge and thank the Scottish Government for its funding towards the Information and Advice project. This funding has been a significant support towards the development and taking forward of the information materials for men and their families about prostate disease and its treatments. The Trustee Board would also like to thank the anonymous donor for their generous funding which contributed to the development of the Spotlight guide series. The trustees would also like to acknowledge and thank the Comrie Cancer Care Research and Relief Fund for several donations during the year towards the Prostate cancer services and treatment needs research and towards the production of the new Spotlight on Hormone Therapy booklet.

The trustees would also like to thank the John Archer Trust and the Sym Trust for kind donations.

The trustees would like to acknowledge and thank trustee James Thomson for his generosity and kindness for once again holding the Prestonfield Burns Supper in aid of Prostate Scotland. Some 340 people attended this excellent event and just over £9,000 was raised. Thanks are also due to Grant Stott, Robert Wilson, George McNeil, Peter Brown, Arlene Stuart, Alan McNeill, Brigid Mhairi and Richard Dunn for their wonderful speeches and contributions to the evening's proceedings.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **ACHIEVEMENT AND PERFORMANCE**

The trustees would also like to thank James Thomson, Sir Chris Hoy MBE, Alison McNeill, Alastair Mair, Alan McGuiggan, James Robson, Venture Photography, The Usher Hall, The Scottish Rugby Union, and Renaissance Pictures and Framing for their generosity in prize donations for the event.

Following our selection by the Grand Lodge of Scotland as its nominated charity, the trustees have very much appreciated the support and opportunities to raise awareness of prostate cancer and disease that the Grand Lodge of Scotland has provided. Prostate Scotland has also been grateful to receive support from many Provincial Grand Lodges and Daughter lodges across Scotland as well as opportunities to provide information and awareness materials. The Provincial Grand Lodges of Edinburgh, Fife and Kinross, Midlothian, East Lothian and Berwick, Linlithgowshire, and Stirlingshire also undertook a special 2 Bridges to 6 provinces cycle ride round the Forth raising over £14,000. The Provincial Grand lodge of Stirlingshire also organised a 100 mile cycle ride linking up all the lodges in Stirlingshire, raising a magnificent amount of over £14,000.

The Provincial Grand Master of Lanarkshire, Tom Davidson undertook a sponsored walk from South Queensferry, around the coast of Fife to Dundee raising both significant awareness and a huge £7,500 in aid of the charity. Many individuals from lodges also participated in the Cold Water Challenges in aid of Prostate Scotland including the Provincial Grand Master of Edinburgh, Ewan Rutherford, who raised over £2,000.

We would also like to thank Lodge Lord Bruce, the Provincial Grand Lodge of Lanarkshire, Provincial Grand Lodge of Edinburgh, St Bryde's Lodge, Lodge Breadalbane, Lodge Meigle in Angus and Lodge Prince of Wales in Lanarkshire, St John's Lodge, Elgin's Lodge at Leven, Lodge St Christopher, St John Crofthead Lodge, Provincial Grand Lodge of Perthshire West, Lodge of Brotherly Love, St Andrew Livingston, Lodge Balgonie, Lodge Robert Burns and Provincial Grand Lodge Linlithgowshire.

The charity was the appreciative beneficiary of several donations from fundraising events held during the year and the trustees would like to place on record their thanks to the many individuals giving substantial time and effort to organise such events including Ali McCallum and friends who organised the Snowball in Dundee in aid of Prostate Scotland and the Blake McMillan Trust, Moira Henry for organising the fundraising evening at the St Columba Club in Barrhead, Samantha Taylor for a Christmas Party and Midsummer Ball, and Margaret McQueen and her sisters who organised the Butterflies Ball in Bathgate and to the late Charlie Dyet and John Murphy who organised a special testimonial football match, auction and raffle.

The trustees would like to record a sincere thank you once again to Lucy McAneny and Lucille Paterson for organising a fourth Big Quiz in Galashiels in memory of Duncan Paterson, one of Scottish rugby's best known figures and a longstanding supporter of Prostate Scotland, who sadly passed away in December 2009. 240 people from across the Borders and further afield took part in the quiz, raffle and auction raising over £4,000.

The trustees would also like to thank and acknowledge Sean and Cheryl Scot-Davidson for their amazing effort in organising a sponsored walk across the Forth Road Bridge and subsequent fundraising party, raising some £7,000 in aid of the charity.

We would also like to thank Alan and Susan Pate for undertaking a sponsored walk from Milngavie to Pitlochry raising some £2,015, and Bob Robertson for organising a second significant sponsored walk in aid of the charity, walking the John Muir Way from Musselburgh to Dunbar with a walking group of three generations as well as Julie Sievewright who undertook a 95 mile challenge on the Moray Way.

Cycling in aid of the charity was very much on the agenda for several supporters during the year including the Blazing Saddles team of 6 staff from HMP Dumfries led by Colin Watson who rode from Land's End to John O'Groats raising over £5,000, Adam Nichol who cycled from Edinburgh to London, Jack Feinman and Ryan Smith who also completed the End to End cycle and a team from Scottish Prison Service led by Robert Anderson who undertook a 111 mile challenge.

We wish to thank the many people who ran in aid of the charity during the year. They included:

- Lorne and Alan Crawford who both ran the 80km Ecotrail de Paris 80km race raising over £5,000;
- Over £2,000 was raised by runners in the Great Scottish Run - including a team from a doctors practice Steven Diffin, Morag Krieves, Catherine Stewart, Lorraine Murphy, Caroline McGowan, Kelly Browne, Shannon Brown, Anne Johnson, Pamela Leggate, Karina Beggan and Daniel Good;
- Billy Mathieson and John Fulham ran in the Loch Ness Marathon raising over £2,000;

## Prostate Scotland

### Report of the Trustees for the Year Ended 31 August 2014

#### ACHIEVEMENT AND PERFORMANCE

- 24 runners in the Edinburgh Marathon Festival raised over £7,000 including , Andrew Davison, Alan MacIntosh, Alan McNeill, Victoria Callaghan, Craig Briggs, Mehmet Coskun, Roland Donat, Eileen Stewart, Robert Stewart, Euan Smith, Gemma Beedie, Kevin Gallagher, Ian Blyth, Laurence Stewart, Maeve Dooher, Lenka Sucha, Karen Goodall, Lisa Hopkins, Ian McGregor, Richard Clayton, Shaun Cavens, John Graham, Steven Crawford, Lisa Vass;
- A group of tri-athletes from Edinburgh led by Gary Willis took part in the London Triathlon raising £1,320;
- The Tough Mudder Father's day event 2014 saw two teams tackle the muddy obstacle course in aid of Prostate Scotland. There was Team Victorious Secret comprising of Joanne Warwick with Craig and Nisha, and a team of Neil Paterson, John Armstrong, William Thomson, Steven Marr, and Sam Gillespie. Thank you to both teams;
- Gordon Philip undertook the Inverness Half Marathon, Bill Neill the Leiden 10K and the Scott, Craig and John McMaster ran the Men's 10K.

During the year, the charity was fortunate to receive wonderful support from three choirs. The Rolling Hills Men's Chorus adopted Prostate Scotland as their charity of the year and as well as kindly fundraising in aid of the charity, the men are wearing Prostate Scotland logos on the shirts for all their singing events and are also distributing leaflets. The Lothian B-us male voice Choir have also continued to support the charity with a variety of performances. The charity also received a generous donation from the Phoenix choir for a performance at the Grand Lodge. A thank you to all three Choirs

We have had a welcome number of people growing moustaches (and beards) in aid of the charity mainly during November - this has raised over £5,500. Many thanks for this support. As well as moustache growing, head shaves were also on the agenda in the past year, with Amanda Robbins and Alison Ross both raising four figure sums in aid of the charity for which the trustees send their thanks.

Thanks are due to Andrew and Kristy Fraser for undertaking the Arizona Lang Drap Skydive and to Alan Milne for his organisational ability, between the three of them they raised over £1,800.

Prostate Scotland would like to send congratulations to Ernest Lamond, Kenneth Mackay and Denny Mackenzie on their recent special birthdays and to thank them and their friends for kindly sending donations to Prostate Scotland in lieu of birthday gifts.

Thanks are also due to Rotary Clubs of Murrayfield, Helensburgh Garelochside, Anstruther, and Leith as well as Douglas Victoria Bowling Club, Braco Bowling Club for donations, the Murrayfield Ladies Golf Team for wonderful fundraising, Robyn Glynne Percy, Deirdre Hornyold-Strickland and Drew Parnell for the special 'Retreads' calendar in aid of the charity, Abbey Fitness Centre in Kelso for their calendar in aid of the charity, and the Hume family for organising a vintage tractor rally in the Borders in aid of the charity's work.

Donations from businesses and staff fundraising in a number of firms was also much on the agenda and thanks are due to the following businesses and staff: Halifax Card Centre in Dundee Retail contact centre, Route Supply Group at Torness Power Station; Chivas Brothers, Kilmalid Site Dumbarton; Lloyd Banking Group, Trustee and Depository Services at NatWest, Job Centre Plus in Bathgate and in Glasgow, Morrison construction, Uplaw Moor Hotel and Hard Rock Cafe Glasgow

The charity received several donations in the year from families and friends of loved ones who had passed away and who had sent in donations in memory of those they had lost. The trustees would like to express their sympathy and condolences and acknowledge these generous donations.

#### Charity and Organisational Development

There were several developments in the charity's support base during the year.

Cordelia Lafferty, the charity's Awareness and Fundraising intern, ended her six month internship during the year. A further application for another intern to the Third Sector Internship Scheme (TSIS), which is funded by the Scottish Funding Council and run by Queen Margaret University, SCVO and the Open University, was successful. The charity appointed Bart Dignan who worked two days per week for the charity for a period of 8 months taking forward local awareness and fundraising activity, with an emphasis on Forth Valley and Lanarkshire. The trustees would like to express their thanks to the TSIS for supporting this internship and to thank both Cordelia and Bart for their input, hard work and help to the charity.

In December 2013 the charity appointed Richard Walker as its Appeal and Fundraising Manager to take forward the charity's fund raising and to manage the robot assisted surgery appeal.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **FINANCIAL REVIEW**

The results for the year are set out in the statement of financial activities which shows a surplus of £78,390 for the year (2013: £11,599). The surplus generated was due to donations and grants towards the Blue Horizon Robot Appeal, for which significant amounts of donations had been received. These donations are held as a separate designated fund.

Income by comparison with the previous year was slightly lower at £267,313 (2013: £305,583). This difference is largely accounted for by the inclusion of one off donated services and facilitates of £68,000 in the previous year and a fundraising ball which in the previous year had contributed £29,070. Voluntary income from donations at £255,203 during the year was higher than in 2013 (£232, 842), this arose from a significant increase in individual donations and also the commencement of the Blue Horizon Robot Appeal.

Grant and award income during the year £7,000 was slightly lower than the previous year (2013: £8,500). Interest on income and investment gains were £4,790, again, slightly lower than the previous year 2013: (£5,485) due to low interest rates. Gift Aid income continued to be an important additional source of income and significant efforts were made during the year to ensure donors filled out Gift Aid forms.

Expenditure for the year was £194,461 which was significantly lower than in the previous year (2013: £292,646) due to the deliberate aim to build up funds for the Robot Appeal and also due to the fact that the previous year included a one off expense of £68,000 on awareness advertising. Key expenditure incurred during the year was on advancing the information and advice project, developing and printing of information and advice literature and promoting awareness of prostate disease and its treatments. There was an increase in staffing cost as a result of the employment of the Appeal and Fundraising Manager. £9,305 was spent on taking forward the prostate services and treatment research project, and £2,561 was spent on development activities of the Blue Horizon Robot Appeal.

The trustees feel the continued growth in the number and amount of donations together with the effort and engagement of the very many people who support the organisation and the increase in new donors to the Blue Horizon Robot Appeal is very encouraging.

## Prostate Scotland

### Report of the Trustees for the Year Ended 31 August 2014

#### FUTURE PLANS

The charity has made significant progress over the past year towards taking forward its three year strategy and business plan. The awareness and information and advice activity has moved forward very effectively with many tens of thousands of people in Scotland reached and with very favourable responses from people about the quality and usefulness of materials. With the development of the new Spotlight On series of booklets the charity now has three substantial and comprehensive series of information and advice materials for men and their families. The take up of these information materials has continued to grow and the addition of the significant number and take up of the charity's Toolbox workshops has enabled the charity to reach a further range of people via businesses and organisations right across Scotland.

The charity's reach across Scotland has grown and alongside it engagement with and support from people and organisations across the country. The trustees were pleased to note that the number and amount of donations to the charity have increased over the past year. As explained on page 4, significant progress has been made in taking forward the charity's objectives and key plans. The trustees adopted a new three year business plan aimed at taking forward the charity's work to 2016. Key objectives for the next three years are:

- Promotion of awareness and information on prostatic diseases both amongst men and their families and amongst key decision makers and businesses and encouragement of early detection;
- Development of policy awareness and inclusion of prostate issues in national health/public policy;
- Development of emphasis on/availability of treatment and research into prostatic disease in Scotland;
- Development of the Blue Horizon Robot Appeal;
- Development of the organisational resource base and capacity to take forward the charity's work and objectives.

Over the next year, the following activities are planned:

- Completing the final guides in the Spotlight On series of information materials about Prostatic treatments via the Information and Advice Project;
- Develop further distribution outlets for Information and Advice materials to men and to health professionals;
- Taking forward the Workplace Initiative and Toolbox Talks;
- Developing the range of information materials including in alternative formats;
- Progress the recruitment and engagement of more volunteers;
- Developing the organisation's fundraising base;
- Working towards further progress in getting prostate cancer included as part of the Detect Cancer Early Initiative;
- Taking forward a programme of targeted awareness work about prostate disease including a number of new materials and approaches via health centres and through community settings and exhibitions and events as well as a new awareness and fundraising campaign to help raise public awareness of prostate disease;
- The further taking forward of the joint research project into the provision of services and treatments for prostate disease and prostate cancer across Scotland with the University of Stirling Cancer Care Research Centre;
- The taking forward and completion of the Blue Horizon Robot Appeal to raise funding for robotically assisted prostatic surgery in East and West of Scotland.

The trustees recognise that raising income will remain a key task, and that the further development of voluntary/individual giving will remain a priority.

The trustees are pleased to note that during the year only 7% of total income was spent on support and governance costs, representing 9.7% of total expenditure. The trustees will continue to aim to ensure that the proportion spent on administration continues to be low and that the operations of the charity remain cost effective.

Key areas of expenditure in the coming year are expected to be:

- Taking forward of the Scotland-wide Advice and Information project, particularly the development of further information materials, the running costs of telephone information line and the Workplace Initiative;
- Progressing the next stages of the awareness initiative to improve public understanding of prostatic disease - aimed at encouraging men and their families to be more aware of prostatic disease symptoms and to seek early advice, and the development of a new campaign to raise awareness;
- The taking further of the research project into services and treatment provision for prostate disease across Scotland;
- Support for developing local fundraising and donor relations;
- Support for the Blue Horizon Robot Appeal for robotically assisted prostatic surgery.

## **Prostate Scotland**

### **Report of the Trustees for the Year Ended 31 August 2014**

#### **Reserves Policy**

The funds for the Information and Advice Project from the Scottish Government are restricted, as are the funds for the Awareness and Fundraising Intern. The trustees consider that reserves should be maintained at a level to cover at least nine months expenditure, and following the designations described below, the charity had £192,005 in its General fund at the 31 August 2014 (which was less than 12 months but more than 9 months expenditure). The trustees have resolved for the coming year to continue to appropriately designate certain funds for key projects to assist in taking forward the charity's key objectives. This includes the designation of £130,000 towards the Blue Horizon Robot Appeal, £31,000 towards the Information and Advice project, £16,000 towards the prostate disease and services and treatments research, and £5,000 towards prostate awareness. At its meeting on 26 February 2015 the trustees resolved to designate a further additional £152,000 towards the Robot Appeal.

Approved by order of the board of trustees on 21 May 2015 and signed on its behalf by:

Mrs M F Hallam - Trustee



## **Independent Examiner's Report to the Trustees of Prostate Scotland**

I report on the accounts for the year ended 31 August 2014 set out on pages sixteen to twenty three.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

### **Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

David C N Ogilvie  
FCA  
Ogilvie & Company Limited  
25 Rutland Square  
Edinburgh  
EH1 2BW

22 May 2015

Prostate Scotland

Statement of Financial Activities  
for the Year Ended 31 August 2014

	Notes	Unrestricted funds £	Restricted funds £	2014 Total funds £	2013 Total funds £
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		248,203	7,000	255,203	232,842
Activities for generating funds	2	7,320	-	7,320	67,256
Investment income	3	4,790	-	4,790	5,485
<b>Total incoming resources</b>		<u>260,313</u>	<u>7,000</u>	<u>267,313</u>	<u>305,583</u>
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating voluntary income		86,689	-	86,689	68,833
Fundraising trading: cost of goods sold and other costs		1,622	-	1,622	38,187
Investment management costs	4	3,507	-	3,507	1,450
<b>Charitable activities</b>					
Awareness campaign		75,908	7,000	82,908	158,382
<b>Governance costs</b>	5	2,714	-	2,714	3,988
<b>Other resources expended</b>		<u>17,021</u>	<u>-</u>	<u>17,021</u>	<u>21,806</u>
<b>Total resources expended</b>		<u>187,461</u>	<u>7,000</u>	<u>194,461</u>	<u>292,646</u>
<b>NET INCOMING RESOURCES</b>		<u>72,852</u>	<u>-</u>	<u>72,852</u>	<u>12,937</u>
Realised gains/(losses) on fixed asset investments		5,538	-	5,538	(1,338)
<b>Net income/(expenditure)</b>		<u>78,390</u>	<u>-</u>	<u>78,390</u>	<u>11,599</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		295,615	7,000	302,615	291,016
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>374,005</u></u>	<u><u>7,000</u></u>	<u><u>381,005</u></u>	<u><u>302,615</u></u>

The notes form part of these financial statements

**Prostate Scotland**

**Balance Sheet  
At 31 August 2014**

		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2014 Total funds</b>	2013 Total funds
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	9	2,362	-	2,362	1,329
Investments	10	200,698	-	200,698	150,200
		<u>203,060</u>	-	<u>203,060</u>	<u>151,529</u>
<b>CURRENT ASSETS</b>					
Debtors	11	5,372	-	5,372	70
Cash at bank		188,913	7,000	195,913	183,183
		<u>194,285</u>	<u>7,000</u>	<u>201,285</u>	<u>183,253</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(23,340)	-	(23,340)	(32,167)
		<u>170,945</u>	<u>7,000</u>	<u>177,945</u>	<u>151,086</u>
<b>NET CURRENT ASSETS</b>					
		<u>374,005</u>	<u>7,000</u>	<u>381,005</u>	<u>302,615</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>374,005</u>	<u>7,000</u>	<u>381,005</u>	<u>302,615</u>
<b>NET ASSETS</b>					
		<u>374,005</u>	<u>7,000</u>	<u>381,005</u>	<u>302,615</u>
<b>FUNDS</b>					
Unrestricted funds	13			374,005	295,615
Restricted funds				7,000	7,000
<b>TOTAL FUNDS</b>					
				<u>381,005</u>	<u>302,615</u>

The notes form part of these financial statements

**Prostate Scotland**

**Balance Sheet - continued  
At 31 August 2014**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2014.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 August 2014 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 21 May 2015 and were signed on its behalf by:

Mrs M F Hallam -Trustee

## Prostate Scotland

### Notes to the Financial Statements for the Year Ended 31 August 2014

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

##### Incoming resources

Incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to the consideration by its performance. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included as these cannot be quantified with reasonable accuracy.

##### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Website	- 20% on cost
Fixtures & equipment	- 33.33% on cost
Computer equipment	- 33.33% on cost

Investments held as fixed assets are revalued at market value at the balance sheet date and the gain or loss taken to the Statement of Financial Activities.

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	2014	2013
	£	£
Fundraising events	7,320	67,256

**Prostate Scotland**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2014**

**3. INVESTMENT INCOME**

	<b>2014</b>	2013
	<b>£</b>	£
Other fixed asset investments - Dividends	3,283	3,444
Other fixed asset investments - Corporate bonds	983	932
Deposit account interest	524	1,109
	<u>4,790</u>	<u>5,485</u>

**4. INVESTMENT MANAGEMENT COSTS**

	<b>2014</b>	2013
	<b>£</b>	£
Administrative expenses	3,507	1,450
	<u>3,507</u>	<u>1,450</u>

**5. GOVERNANCE COSTS**

	<b>2014</b>	2013
	<b>£</b>	£
Accountancy and independent examiner's fees	2,130	2,520
Professional fees	584	1,468
	<u>2,714</u>	<u>3,988</u>

**6. NET INCOMING/(OUTGOING) RESOURCES**

Net resources are stated after charging/(crediting):

	<b>2014</b>	2013
	<b>£</b>	£
Depreciation - owned assets	1,154	13,836
	<u>1,154</u>	<u>13,836</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 August 2014 nor for the year ended 31 August 2013.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 August 2014 nor for the year ended 31 August 2013.

**Prostate Scotland**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2014**

**8. STAFF COSTS**

	<b>2014</b>	<b>2013</b>
	<b>£</b>	<b>£</b>
Wages and salaries	94,809	76,271
Social security costs	9,338	7,670
	104,147	83,941

The average monthly number of employees during the year was as follows:

	<b>2014</b>	<b>2013</b>
Administration	4	3
	4	3

No employees received emoluments in excess of £60,000.

**9. TANGIBLE FIXED ASSETS**

	<b>Website</b>	<b>Fixtures &amp; equipment</b>	<b>Computer equipment</b>	<b>Totals</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>COST</b>				
At 1 September 2013	62,883	6,346	982	70,211
Additions	1,980	207	-	2,187
	64,863	6,553	982	72,398
<b>DEPRECIATION</b>				
At 1 September 2013	62,883	5,017	982	68,882
Charge for year	396	758	-	1,154
	63,279	5,775	982	70,036
<b>NET BOOK VALUE</b>				
At 31 August 2014	1,584	778	-	2,362
At 31 August 2013	-	1,329	-	1,329

Prostate Scotland

Notes to the Financial Statements - continued  
for the Year Ended 31 August 2014

10. FIXED ASSET INVESTMENTS

	Listed investments £
<b>MARKET VALUE</b>	
At 1 September 2013	150,200
Additions	99,283
Disposals	(49,955)
Revaluations	1,170
	<hr/>
At 31 August 2014	200,698
	<hr/>
<b>NET BOOK VALUE</b>	
At 31 August 2014	200,698
	<hr/> <hr/>
At 31 August 2013	150,200
	<hr/> <hr/>

There were no investment assets outside the UK.

All investments are held primarily for an investment return.

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2014 £	2013 £
Other debtors	5,372	70
	<hr/>	<hr/>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2014 £	2013 £
Trade creditors	21,210	30,127
Other creditors	2,130	2,040
	<hr/>	<hr/>
	23,340	32,167
	<hr/> <hr/>	<hr/> <hr/>

13. MOVEMENT IN FUNDS

	At 1.9.13 £	Net movement in funds £	Transfers between funds £	At 31.8.14 £
<b>Unrestricted funds</b>				
General fund	208,615	122,216	(138,826)	192,005
Designated fund	87,000	(43,826)	138,826	182,000
	<hr/>	<hr/>	<hr/>	<hr/>
	295,615	78,390	-	374,005
<b>Restricted funds</b>				
Information and Advice	7,000	-	-	7,000
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	302,615	78,390	-	381,005
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>



**Prostate Scotland**

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2014**

**13. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Gains and losses £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>				
General fund	189,868	(73,190)	5,538	122,216
Designated fund	70,445	(114,271)	-	(43,826)
	<u>260,313</u>	<u>(187,461)</u>	<u>5,538</u>	<u>78,390</u>
<b>Restricted funds</b>				
Information and Advice	7,000	(7,000)	-	-
	<u>267,313</u>	<u>(194,461)</u>	<u>5,538</u>	<u>78,390</u>

The Information and Advice Restricted Fund was set up for the funding received from the Scottish Government and Sir Tom Farmer. This fund is used to cover the costs of the part time information co-ordinator and the costs of developing and providing information and advice materials on prostate disease. A total of £31,000 has been designated for this project and further funding has been secured from the Scottish Government of £7,000 per year for three years.

The Designated fund which is held in cash, has been allocated to the following projects by the trustees:

	<b>2014 £</b>	2013 £
Information and Advice project	31,000	31,000
Prostate disease, service and research	16,000	16,000
Prostate awareness	5,000	5,000
Robotic surgery appeal	130,000	35,000
Total Designated Fund	<u>182,000</u>	<u>87,000</u>

**14. POST BALANCE SHEET EVENTS**

Since the year end the charity has secured an undertaking of funding of up to £2,000,000 from the Scottish Government towards the Blue Horizon Robot Appeal.

**15. ULTIMATE CONTROLLING PARTY**

The charity is controlled by its trustees.

**Prostate Scotland**

**Detailed Statement of Financial Activities  
for the Year Ended 31 August 2014**

	<b>2014</b>	2013
	<b>£</b>	<b>£</b>
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	244,490	156,089
Gift aid	3,713	253
Grants	7,000	8,500
Donated services and facilities	-	68,000
	255,203	232,842
<b>Activities for generating funds</b>		
Fundraising events	7,320	67,256
<b>Investment income</b>		
Other fixed asset investments - Dividends	3,283	3,444
Other fixed asset investments - Corporate bonds	983	932
Deposit account interest	524	1,109
	4,790	5,485
<b>Total incoming resources</b>	267,313	305,583
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating voluntary income</b>		
Wages	73,894	55,732
Social security	7,528	5,881
Just Giving Costs	1,148	1,325
Event costs	4,119	5,895
	86,689	68,833
<b>Fundraising trading: cost of goods sold and other costs</b>		
Fundraising event costs	1,622	38,187
<b>Investment management costs</b>		
Administrative expenses	3,507	1,450
<b>Charitable activities</b>		
Wages	20,915	20,539
Social security	1,810	1,789
Advertising	-	68,000
Information and advice	41,323	35,891
Prostate awareness	5,693	6,601
Robotic surgery appeal	2,561	2,961
Prostate disease, service and research	9,305	8,084
Donation to other charities	905	1,939
Depreciation	396	12,578
	82,908	158,382

This page does not form part of the statutory financial statements

**Prostate Scotland**

**Detailed Statement of Financial Activities  
for the Year Ended 31 August 2014**

	<b>2014</b>	2013
	<b>£</b>	<b>£</b>
<b>Governance costs</b>		
Accountancy and independent examiner's fees	2,130	2,520
Professional fees	584	1,468
	<hr/>	<hr/>
	2,714	3,988
 <b>Support costs</b>		
<b>Management</b>		
Rent and other establishment costs	7,000	12,040
Insurance	535	561
Postage and stationery	5,222	6,990
Sundries	1,396	460
Travel	1,291	497
Recruitment expenses	794	-
	<hr/>	<hr/>
	16,238	20,548
 <b>Finance</b>		
Bank charges	25	-
<b>Other</b>		
Fixtures and fittings	758	1,258
	<hr/>	<hr/>
<b>Total resources expended</b>	194,461	292,646
	<hr/>	<hr/>
<b>Net income before gains and losses</b>	72,852	12,937
 <b>Realised recognised gains and losses</b>		
Realised gains/(losses) on fixed asset investments	5,538	(1,338)
	<hr/>	<hr/>
<b>Net income</b>	<u>78,390</u>	<u>11,599</u>