

Do you live with prostate cancer in Scotland?

Can you help us?

- People with prostate cancer who live in remote or less affluent areas in Scotland are more likely to struggle with ill health.
- One reason for this is problems with their 'functional ability'.
- Functional ability means the physical and mental abilities a person needs to do what matters most to them in their daily life.

What is this research about?

PROFOUND-Prostate wants to understand how people with prostate cancer who live in remote or less affluent areas in Scotland experience changes in their wellbeing and functional ability. No matter how big or small people may think their problem is, we will look at what might support or stop people from deciding to get help about any changes in their functional ability.

What is it involved?

We will ask you to complete one short questionnaire about your functional ability every week for 24 weeks.



Your questionnaire responses will be put on a graph. The graph will show any changes in your functional ability. Every 8 weeks, you will be sent the graph to look and asked to discuss it with a health researcher as part of an interview (this is for research purposes only). You will be able to choose how you want to take part: either online or over the phone.

How can this research help?



You will be able to better understand your own health, think about what might support or stop you from seeking help (when or if you need it), and make small changes to look after your health.



Your information will help us understand how best to support people with prostate cancer who live in remote or less affluent areas in Scotland if they experience changes in their functional ability. We will also better understand what puts these people at greater risk of ill health in order to prevent it.

Would you like to know more?

Please speak to the person who gave you this leaflet – or contact:

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