



Dear Sir / Madam

Prestonfield House Burns Supper 2026 in aid of Prostate Scotland Thursday 22nd January 2026

In January 2026 we will be holding our annual fundraising Burns Supper at Prestonfield. Last year saw 398 guests enjoy a wonderful night out and helped us to raise funds to continue to raise awareness and provide information and support on prostate disease and prostate cancer.

I am writing to offer you the opportunity to support our work by donating a prize or hosting a table at our 2026 event. Supporting us in this way will give you the unique opportunity to:

- showcase your commitment to our community and this important cause
- network with other businesses and community leaders at this event
- be featured in promotional materials and digital communications both ahead of the event and on the evening

At our 2026 event, we're thrilled to have Grant Stott acting as Master of Ceremonies, with speakers being announced nearer the event. It promises to be a great night of entertainment, good food and great company.

Prostate Scotland provides information and support to men and their families navigating prostate cancer and disease in Scotland. Prostate cancer is the most common cancer in men in Scotland with 1 in 10 men at risk; and nearly 1 in 2 men in Scotland likely to get prostate disease at some stage in their lives.

As we face a growing ageing population, our priority is to increase awareness of prostate cancer and disease through developing campaigns, creating literature, using PR, social media and events to reach even more men and their families.

Currently, there is no screening system in place for prostate cancer or disease like there is for breast or bowel cancers in Scotland. That's why our work to raise awareness enabling men to recognise symptoms is vital.

Early diagnosis gives our husbands, dads, sons, brothers and friends the best chance of successful treatment options. Awareness raising costs money. Prostate Scotland generates its own income through donations from fundraising activities and voluntary sources in Scotland. We do not receive government or local authority funding.

Your support for our Burns Supper will make a significant difference to someone's life. You will be helping approximately 4,300 men in Scotland who have been diagnosed with prostate cancer this year and the 20,000 men already living with it, not to mention the thousands of men suffering from prostatitis or an enlarged prostate.

For more information on how to get involved, either by donating a prize, hosting a table or making a cash donation, please contact: communications@prostatescotland.org.uk. You can find out more about our work here: www.prostatescotland.org.uk

Thank you for considering this opportunity to make an impact. We look forward to hearing from you.

Best wishes

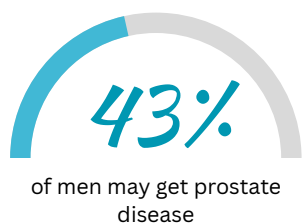
Alison Wright
CEO
Prostate Scotland

Prostate Scotland
89-91 Morrison Street, Edinburgh, EH3 8BU
inform • support • advance
Registered Charity No. SC037494
Registered Company No. SC306268

In Scotland:

Prostate Cancer is the most common cancer with

1 in 10 men at risk



Earlier detection helps over

80%
of men survive prostate cancer in Scotland



Prostate Scotland's Impact

Our Mission

"Nationally we will raise awareness on prostate cancer and other prostate conditions, improving education, providing information and expanding support for men impacted."

Raised £2.8m for robot assisted prostate cancer surgery in East & West Scotland

2016



Launched COMPASS project to support men to navigate prostate cancer

Awarded Health Care Charity of the Year, Charity Champions Award.

2017



2020

2023

Launched Prostate Scotland Cancer Navigator App



Information and Awareness

Toolbox Workshops

In 2024 we reached **805** employees through **39** toolbox workshops being delivered to workplaces in Scotland.



"Very clear information and invaluable"

"Early recognition and treatment is King! Thank you for taking the time to inform our workforce – it might save a life"

"Excellent session"



Prostate Information Booklets

Our range of 30 booklets provide information on prostate disease and cancer. These are free of charge and are updated regularly by our panel of experts.



Prostate Champion Talks

Through our partnership with the Grand Lodge of Scotland and Scottish Freemasons, our volunteer Prostate Champions run awareness stands and talks in their communities.



2024 Impact

20,304

leaflets distributed, covering 23 topics.



An increase of



136%

from 2023

456

Prospacks delivered - tailored care packs for prostate cancer patients.



Prostate Champions

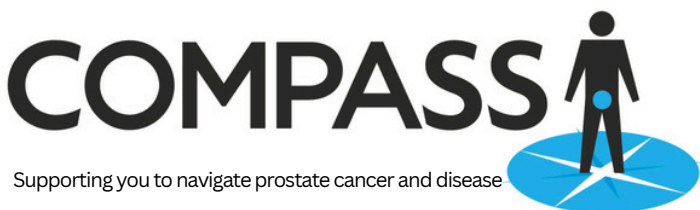
Delivered **178** talks

Reaching **4238** people

Including **234** women



HAMILTON-TARMAC.CO.UK



"It is bridging the gap that the clinical team aren't able to do"

"The discussions with other men on the course was one of the most helpful parts of the course."

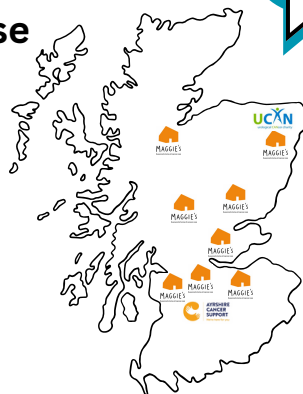
"It was useful to find out that what you were feeling, side effects of treatment etc. was not unique to you"

"Combination of this course and Prostate FFIT has completely changed me!"

Living Well with Prostate Cancer Course

6 week bespoke programme of knowledge to help men during their cancer journey.

In partnership with **Ayrshire Cancer Support**, **UCAN** and **Maggie's Centres across Scotland**



Prostate FFIT (Football Fans in Training)

12 week tailored healthy living, exercise and peer support programme for men affected by prostate cancer.

In partnership with the **Scottish Professional Football League Trust**

Prostate Scotland Cancer Navigator App

Features include:

- Treatment decision making tool
- PSA test results tracker
- A monitor to record any side effects of treatment
- Practical information and support resources



2020-2024 Impact Snapshot

45 LWWPC courses facilitated, with
340 attendees

9 Prostate FFIT programmes delivered
for **130** Prostate FFIT players

100%
of participants for both programmes will recommend to other men

100%
of participants think our programmes are either extremely or very worthwhile



If you would like more information on our **COMPASS** services, scan this QR code to read our **2020-2024 COMPASS Impact Report!**

What's Next?

Robot Appeal Training

With the support of **The Urology Foundation**, we are offering up to four training places in robotic prostate cancer surgery, depending on the applications received.

Benign Prostate Enlargement Research

We are undertaking a 2 year research project to understand how BPE affects men's lives in Scotland.

Prostate Scotland's 5 Year Strategy



We would really appreciate your support!

Join Our Community

Volunteers



Rotary Clubs



Clinicians



Prostate FFIT Players



Family Teams



Workplace Teams



Ellon engineering firm staff raise thousands for prostate cancer charity at Aberdeen Kiltwalk

A 53-strong team, made up of JKR contractors staff and eight workers at Huws Gray's Granite City base, completed the 18-mile Mighty Stride from Aberdeen's Duthie Park to Bellfield Park in Banchory on June 4.