Charity Registration No. SC037494 (Scotland)
Company Registration No. SC306268 (Scotland)

# PROSTATE SCOTLAND ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

## LEGAL AND ADMINISTRATIVE INFORMATION

#### Trustees

Mr I Conn Dr A Gregor Ms J Greig Ms M Hallam Prof. S McNeill Mr J Thomson Mr R Wilson Ms M McNeill Mr B Thomas

Secretary

Ms M McNeill

Charity number (Scotland)

SC037494

Company number

SC306268

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## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2018

The trustees present their report and financial statements for the year ended 31 December 2018.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### Objectives and activities

The objects of the company are to advance education and health in relation to prostatic disease and the relief of ill-health through the advancement of treatment and management of prostatic diseases by all or some of

- the advancement of education about the prostate gland, its diseases and their treatment;
- the funding of, provision of counselling, support and advice for those affected by prostate disease;
- · research into prostate disease in Scotland or elsewhere:
- · the provision of funding to purchase and maintain surgical equipment for the treatment of prostate disease.

The charity's short to medium term aims are to:

- Enable more men, their families and key decision makers in Scotland to be aware of prostate disease and know how to get help, advice and treatment through printed, electronic and personal communication:
- Encourage the development of health policies which include prostate disease and treatment;
- · Increase survival rates for prostate cancer through encouraging early diagnosis; and increase numbers seeking diagnosis;
- · Develop emphasis on the knowledge and availability of treatments, equipment and research into prostatic disease in Scotland;
- · Become a leading charity of choice across Scotland for anyone affected by prostate disease and a key voice for patients in Scotland.

Actions and significant activities towards achieving these include:

- · The development, dissemination and promotion of materials to increase awareness of prostatic disease including the development of awareness campaigns;
- The development and dissemination of leaflets and booklets to provide people with information about prostate diseases and their treatments;
- Development of a new multifunctional website to provide information on prostatic disease;
- Delivering a Workplace Initiative on prostate disease information in the workplace;
- · Completion of the Blue Horizon Robot Appeal having raised £2.8m to enable the provision of robotassisted prostatic surgery in the East and West of Scotland;
- · The setting up of a training/fellowship award scheme to increase the number of surgeons in Scotland trained in robotic assisted prostate cancer surgery;
- The taking forward of a new patient research and policy project into the future service and treatment needs of men with prostate disease in Scotland;
- · Completing a joint research project with the Cancer Care Research Centre at Stirling University into clinician perspectives on the future service and treatment needs of men with prostate disease in
- · Working in partnership with charities and health organisations to encourage the inclusion and adoption of greater treatment provision for prostatic disease.

The trustees have paid due regard to guidance issued by Office of the Scottish Charity Regulator (OSCR) in deciding what activities the charity should undertake.

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Achievements and performance

The report is for the financial year from 1st January 2018 to 31st December 2018 .There was significant progress during the year in completing the charity's business plan for 2016-19. Key priorities have been to:

- Increase the amount of (and relevancy/appropriateness of) information and awareness of prostatic disease treatments:
- Develop research into improvements of services and treatment for prostate diseases in Scotland;
- · Set up a new fellowship/training award scheme to support the training of surgeons in Scotland in robot assisted prostate cancer surgery:
- · Enable men with prostate disease in Scotland to have appropriate, relevant, up-to-date, personalised treatments and services;
- · Develop policy awareness and inclusion of prostate issues in national health/ public policy; becoming a key voice of prostate patients' needs;
- · Develop and take forward a new awareness and fundraising initiative to encourage greater early diagnosis

Significant progress was made towards achieving these priorities:

- · The provision of Information and Advice materials to members of the public, including the distribution of over 22,500 'Brief' and 'Simple Guides' to prostate disease and its' treatments and over 6,400 comprehensive 'Explanatory Booklets' and 'Spotlight on' guides. We also saw a significant increase in the number of information publications downloaded from our website.
- · Over 87 toolbox talks and workplace events and over 28 awareness and fundraising talks, displays and exhibitions across Scotland took place.
- · A new Fellowship/ Training awards scheme was set up, in partnership with the Urology Foundation to support the training of surgeons in Scotland in robotic assisted prostate cancer surgery, with a first
- Thousands of people in Scotland were reached through media, publications, website and events
- · A new awareness and fundraising initiative was launched called 'Pull Your Finger Out' aimed at increasing awareness of prostate cancer and disease and its symptoms and treatments. Ten of thousands of people were reached - many via an awareness partnership with the Daily Record/
- Media coverage was achieved via national and local newspapers and on several television and radio
- Over 63,000 page views were achieved via the website from 30,000 visitors. There was a notable increase in visitors following the launch of our Pull Your finger Out Initiative. In particular there was a fivefold increase in the number of people reached via Facebook, following a partnership with The
- Many people were reached through partnerships with the Freemasons and Rotary Clubs;
- The new Patient Information and Policy Project to research into future needs of men with prostate cancer and diseases in regard to services and treatments saw a successful series of focus groups undertaken across Scotland, and the development of a Scotland wide patient survey. The research project with the Cancer Care Research Unit at Stirling University on clinicians' perspectives on future services and treatment needs for prostate cancer was completed.
- 1. Increasing the amount of information and awareness of prostatic disease and its treatments in order that more men in Scotland are aware of prostate disease and know where/how to get help and treatment

Major progress was made during the year on taking forward this work including:

- Developing the range of information materials and completing the Spotlight On series of information
  - Developing and increasing distribution outlets of materials for men and health professionals;
  - Extending and developing information on the website and via an app on prostate disease and its treatments;

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

- · A further increase in the number of hospitals stocking prostate disease literature and information
- Extending the number and reach of awareness events and toolbox workshops;

Developing a new awareness initiative.

#### During the period:

- An updated Spotlight Guide on prostate issues and erectile dysfunction, a new edition of prostate biopsy guide for Grampian , was produced
- A new booklet on small permanent implants as a treatment for an enlarged prostate was produced.
- · New editions of the Brief guide to Prostate Disease and Cancer, and also Prostate Cancer Is it the Family leaflets were produced.
- We distributed over 22,500 simple & brief guides and over 6,400 Explanatory/Spotlight Guides
- · There was an increase in the number of hospitals in Scotland distributing our information to patients, with the vast majority of Scottish hospitals that treat prostate disease now giving them to patients;
- · The charity handled several hundred written, telephone, email and face to face information and advice requests in 2018 about prostate disease and cancer and its treatments from the public. Amongst these was a noticeable increase in the number of requests for information about treatments for an enlarged prostate, especially on less invasive treatments. There were also many enquiries regarding the availability of multiparametric MRI scans for prostate cancer in various parts of Scotland, as well as several enquiries about how to get out of area treatments in other health boards areas.

The trustees would like to thank the advisory group that supports the information and Advice Project (PAGES). This includes patients, former patients, clinical nurse specialists and clinicians from across Scotland. It is chaired by trustee Prof. Alan McNeill. Membership included trustee Mr Ben Thomas - Consultant Urologist Borders General and Western General Hospital. Mr Graham Hollins - Consultant Urologist Avr Hospital, Scott Little -Clinical Nurse Specialist Western General Hospital, Mr Brian Corr -Urology Clinical Nurse Specialist Raigmore Hospital, Peter Phillips, Ms Lesley McKinlay -Lecturer Queen Margaret University, Dr Rob Lester, Dr Andrew Dunlop, Adam Gaines the charity's director, and Mae Bell the charity's Information and Advice Coordinator. The trustees would like to thank Mae Bell, for her commitment and hard work in taking forward the Information and Advice project. Thanks are also due to Mr David Douglas- Consultant Urologist at Raigmore Hospital Inverness, Dr David Dodds Clinical Director at the Beatson; Dr Abdulla Alhasso Consultant Oncologist at the Beatson, Dr Alastair Law - Consultant Oncologist Western General Hospital Edinburgh, Dr Duncan McLaren - Consultant Oncologist Western General Hospital Edinburgh, Dr Nick MacLeod Consultant Clinical Oncologist at the Beatson, Mr Petros Tsafarkides Consultant Urologist Fife, Ashleigh Ward of the University of Stirling, Nick Malone of the Chalmers Sexual Heath Centre Edinburgh and Prof. David Milner.

#### Awareness Initiative

A significant programme of awareness raising work during the period focussed on signs and symptoms of prostate disease to encourage early diagnosis was taken forward. This included:

- · Exhibiting and speaking at a number of events during the year including the Scottish Urological Society, 3 Safety and Health Awareness Days for the Scottish construction industry in the three regions of Scotland, the Civil Engineering and Contractors Association
- · Talks and displays given to several Provincial Grand Lodges and daughter Lodges, many health and safety awareness days, a number of prostate cancer support groups as well as many Rotary clubs across Scotland. Materials were distributed to many Freemasons Lodges in Scotland:

A vital element in our awareness programme has been the Workplace Initiative, designed to reach men and their partners via information through the work place. The Workshops successfully reach our target audience and over the year 87 workshops were delivered - an increase of 30 on the previous year. Feedback has been excellent demonstrating increased knowledge of prostate disease and its symptoms as well as reports of men seeking follow up GP appointments. Thanks are due to Derek Brown and Alan Dickinson for their help in volunteering on the awareness talks. Organisations we partnered with included Morrison Construction, Morgan Sindall, Kier, Magnox, Dounreay, Highland Spring, Bibby Offshore, Aberdeen Council, Glasgow Council, Ayrshire Roads Alliance, Transerv, and Forest Research.

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Pull Your Finger out Initiative

In the autumn we launched a new awareness initiative called Pull Your Finger Out- with the aim of increasing awareness of prostate cancer and disease, its signs and symptoms and of treatments. The initiative included the development of a range of awareness materials, utilising a range of targeted media. Two campaign videos were developed one looking at the importance of early diagnosis, the second on engagement and support with the charity. Special washroom panels were developed with pull off information for people to take away.

A partnership was entered into during the autumn with the Daily Record and its regional titles in Scotland. This included several significant articles in the Daily Record in each of its regional papers, as well as online and on Facebook. The initiative has reached many tens of thousands of people. We have had positive reports of people seeing the information and several instances of people recognising signs and symptoms and then seeking medical advice. The impact of the initiative was such that visits to the charity's website for information have doubled and some 230,000 people have been reached via Facebook. A second stage of the campaign is planned for the coming year to include radio and TV advertising.

The trustees would like to thank lain Annand, Gerry Gallacher, Sarah Jane Whalen, Andrew Edgar, Andy Murray, Denise Fraser, Craig Robertson, Charlie Hogg, Stephen Bird, Ross Aitken, Laureen Schmitz, Katrina Tweedie, Heather Suttie, James Kininmonth, Carol McCall, Craig Conley, Billy Mathieson, Ann Rae, Prof Alan McNeill, Richard Kelly at MediaSpark, the team at Union Advertising, Carol Pyper Rafferty, Ewan Stewart, Mallinson Television Productions for their input to and support of the initiative.

The trustees would also like to thank the individual donors, companies, organisations, clinicians and volunteers who have supported the charity's information and awareness work over the past year. Two key partners have enabled the charity to extend its reach further across Scotland - The Grand Lodge of Scotland and its Provincial and daughter lodges, and Rotary Great Britain and Ireland and Rotary clubs across Scotland. The trustees would also like to thank Comrie Cancer Care Research and Relief Fund, Edinburgh and Lothians Prostate Cancer Support Group, amongst others for their support of the information work.

### 2. Development of research into further improvements of services and treatments for prostate diseases in Scotland

The key targets for the period in relation to this aim were twofold:

• The taking forward of a research project with the Cancer Care Research Centre at the University of Stirling examining the views and perspectives of clinicians into future needs for prostate disease services and treatments, and • The setting up of a new project to research the perspectives of men with prostate cancer into the

future needs for services and treatments.

Both projects are looking at ways of improving access to treatments, further encouraging early diagnosis of prostate cancer, and the treatment and services implications of the 35% rise in the incidence of prostate cancer forecast over the next ten years.

The research project with the Cancer Care Research Unit at the University of Stirling led by Ashleigh Ward on clinicians' perspectives on future services and treatment needs for prostate cancer was completed. The results of the project will be utilised in particular to help inform discussions on the review of urology services in Scotland. Thanks are due to Ashleigh Ward the report author, Prof Liz Forbat, Dr Nicola Cunningham, and Susan Cruickshank at the University of Stirling and the project's Advisory Committee.

The new project to examine prostate cancer patient perspectives on future service and treatment needs which was established in late 2017 has been moving forward very effectively. Six focus groups of men with prostate cancer met in Dundee, Edinburgh, Glasgow, Inverness, Stornoway and West Lothian. The groups covered the experiences, treatments, future needs and aspirations of men with prostate cancer. Consultation meetings have also been held with prostate cancer support groups in Aberdeen, the Borders, Lanarkshire and Forth Valley. In addition, a Scotland-wide survey of men's experiences of prostate cancer was developed and sent out. A report on the finding of the survey and focus groups is due to be produced in 2019.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

The trustees would like to thank all the men who have given their time to explain their experiences of living with prostate cancer as well as to the Edinburgh and Lothian, the Borders, the Glasgow, Dundee and Perth, their assistance in arranging meetings and to the Maggie's Centres for providing venues for the groups. Special thanks are also due to the Grand Lodge of Scotland and an anonymous donor for their support, as well as several other donors to the charity's research work.

- 3. Completion of the Blue Horizon Robot Appeal for robotically-assisted prostate surgery in Scotland Following the successful completion of the Blue Horizon Robot Appeal during the previous period a special fund for training and information in robotic assisted prostate surgery was established with the remaining funds from the Appeal. During the year an award scheme was established to provide Fellowships in Scotland for training in robotic assisted prostate surgery, and a clinical visit programme. The administration of the application process for the awards is being taken forward on Prostate Scotland's behalf by The Urology Foundation, and supported by a team of reviewers from the Urology Foundation's Scientific and Education Committee and two reviewers appointed by Prostate Scotland. During the year the first award from the scheme was made to a surgeon from Glasgow and Greater Clyde. A second round call for applications was also made at the end of the year, with the aim of a further award being made in early 2019. The trustees would like to thank the reviewers for their kind input and help in assessing the applications.
- 4. Enabling men with prostate disease in Scotland to have appropriate, relevant, up-to-date, personalised treatments and services through the development of policy awareness and inclusion of prostate issues in national health/ public policy; and becoming a key voice of prostate patients' needs Prostate Scotland's views on a number on developments in regard to prostate cancer and disease were sought during the year. This included requests for comment and interviews with several newspapers, radio and, television stations. Comments and interviews were given to, amongst others: BBC Radio Scotland on the John Beattie programme which featured interviews with Ben Thomas and Alan McNeill on behalf of the charity, a special 10 minute feature item and studio discussion item on STV's Tonight programme on prostate cancer featuring one of the charity's volunteers, as well as in the Scotlish Daily Mail on Benign Prostatic Hyperplasia, the Daily Record, the Press and Journal, a double page spread in the Courier, as well as many items in local and regional papers. We also worked closely with BBC Scotland over the inclusion of prostate cancer in an episode of their Cancer Hospital series, which also featured Consultant Surgeon and Prostate Scotland Trustee Prof McNeill. We also worked with BBC Radio Scotland on a special item about pelvic floor exercises for men the item featured an interview with supporter lain Annand sharing his experience about the issue.

A submission was made by the charity to the Scottish Medicines Consortium (SMC) which was consulting on whether a new treatment for low risk early prostate cancer called padeliporfin should be made available in Scotland via the NHS.

Prostate Scotland is a member of the Scottish Cancer Coalition. The coalition's purpose is the exchange of information and joint working on issues affecting cancer in Scotland. As part of the group, Prostate Scotland has engaged in a variety of issues including on awareness and early diagnosis of cancer, access to cancer medicines and supporting people living with cancer and post treatment. The charity's director, Adam Gaines represented the Scottish Cancer Coalition on the Scottish Government's Cancer Taskforce Programme Board on the Transforming Cancer Care After-Treatment Programme which is taken forward in association with Macmillan Cancer Support.

Prostate Scotland has worked with key prostate disease organisations including Prostate Cancer UK, the Edinburgh and Lothians Prostate Cancer Support Group, the Borders Prostate Cancer Support Group and UCAN in Aberdeen over the past year to advance prostate related activity. The charity also attended meetings of the Scotlish Parliament Cross Party Group on Cancer and the Scotland against Cancer Conference.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

During the year we worked with NHS Highland and Macmillan Cancer Care to support the development of a special portal/app for men with prostate cancer in the Highlands. The aim of the portal/app is to enable men to have access to information about prostate cancer, to have a direct contact to secondary care, as well as personalised information. We enabled and facilitated detailed consultation with men with prostate cancer – to ensure that the development of the portal/app met their needs, as well as providing information materials to be available on the app. Prostate Scotland also supported, organised and produced four videos for the portal/app, about prostate cancer and also on how the portal/app will work.

## 5. Widen Prostate Scotland's reach and support across Scotland and develop the organisational resource base and capacity to support its key work and objectives

Significant progress was made in widening Prostate Scotland's reach and support across Scotland during the period. This included:

- Reaching thousands of people across Scotland with media mentions in national and local media about prostate disease and its treatments including on the BBC, STV, the Daily Record, Evening Times, the Press and Journal and Courier.
- Our partnership with the Daily Record over the autumn with The Pull Your Finger Out Initiative meant
  we reached many tens of thousands of people across Scotland over a 10 week period with significant
  regional and local coverage in Dumfries and Galloway, Ayrshire, Lanarkshire, Fife, Glasgow
  Perthshire, and Dunbartonshire
- Increasing the number of our volunteers and supporters across Scotland from Dumfries, the Borders, Paisley, Lanarkshire Edinburgh, Kilmarnock to inverness and Easter Ross;
- Significant regional media coverage and awareness was achieved through the Rotary Ride for Prostate Cancer, including articles in the Press and Journal, the Courier and Daily Record.
- Distributing over 27,000 awareness leaflets across Scotland;
- There was a widening of and an increase in the number of hospitals across Scotland providing Prostate Scotland information materials to patients in particular in the West;
- The range and number of Toolbox workshops increased over the year, with workshops taking place including in Aberdeen, Ayrshire, Alness, Blackford, Dumbarton, Dumfries, inverness Lochgilphead, including in Aberdeen, Ayrshire, Alness, Blackford, Dumbarton, Dumfries, inverness Lochgilphead, Moffat, Peterhead, Speyside, Edinburgh, Glasgow and Thurso.
- Numerous visits and presentations were held to celebrate supporters' fundraising achievements and a significant number of talks and displays were made to external groups, Freemason's Lodges, prostate significant number of talks and displays were made to external groups, Freemason's Lodges, prostate cancer support groups, Rotary clubs, businesses and health events across Scotland;
- A further objective during the year was to further develop the charity's social media output. Major progress was made through the charity's Facebook page with approximately a fivefold increase in the number of people reached on the previous year.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Financial review

Total funds raised during the year were £276,015 (2016-17 £356,220). Whilst this was lower than the previous period, the previous period however was of 16 months duration and included some donations towards the (now completed) Blue Horizon Robot Appeal. Donations, legacies and Gift Aid made up £253,513 (2016-17 £337,548) and in terms of non robot appeal donations was higher than the previous 16 month period. Expenditure of £47,031 was incurred on fundraising activities during the period.

Donations account for the largest element of the charity's income – nearly 95%. GiftAid - 3.3% and 1.3% other voluntary fundraised income accounts for the charity's other key income streams. Significant steps and activities were taken forward during the period for communication and engagement with supporters of the charity. We would like to acknowledge and thank all the charities' donors and supporters who enable the charity to take forward its work and activities.

Expenditure for the period was £273,574 (2017 £289,060), the slightly lower amount spent was due to the fact that 2018 was for a 12 month year, whereas 2017 was a 16 month period. Expenditure of £226,543 during the year was spent on charitable activities including information and advice literature, awareness raising of prostate cancer and disease and its treatments, and the taking forward of the prostate services and treatment research project. £47,031 was spent on raising funds (2017 £58,141).

The trustees have continued to designate certain funds for key projects to assist in fulfilling key objectives. This includes the designation of £39,000 for the Information and Advice Project, £43,000 towards the Prostate Disease Services and Treatment Research, £40,000 towards the Prostate Awareness Fund, and £14,000 towards the Prostate App Development Fund and £105,828 towards the Robotic Surgery Fund. In addition £6,655 is restricted towards the Robotic Surgery Fund. It is considered that reserves should be maintained at a level to cover at least nine months of operating expenditure and the unrestricted and free reserve is not far from that target figure.

The trustees very much appreciate the partnership and support of the Grand Lodge of Scotland. This support included a generous donation of £18,000 during the year assisting in the charities information and awareness work, enabling the production of additional information publications including a new edition of the Brief Guide to Prostate Cancer and Disease, as well as the leaflet Prostate Cancer is in the Family. Prostate Scotland very much appreciates the engagement with freemasons right across Scotland and the support received from lodges from Orkney to Ayrshire. The freemasons have enabled the charity to reach many thousands more men. We have had several instances and reports of men receiving prostate information via this partnership that led to men seeking checks, being diagnosed and receiving treatment.

The charity was pleased to have been again included as a nominated charity for the Rotary Ride for Prostate Cancer. Over 15 Rotary Rides took place in Scotland on or around Fathers' Day 2018 including Stornoway, Thurso, Tain, Alloa, Inverness, Eilon, Aberdeenshire, Kirriemuir (Glamis Castle), Broughty Ferry, Monifieth, Arbroath, Dunfermline, West Fife, Castle Douglas and Newton Stewart. We would like to record thanks to them all for raising significant awareness of prostate cancer as well as vital funds. Thanks are also due to Keith Hopkins MBE and Rebecca Warner from Rotary GB and Ireland for their coordination of the Rotary Ride.

The charity was very grateful to receive donations from trusts and foundations during the period including from the John M. Archer Trust, the Pettigrew Trust, the Bank of Scotland Foundation and several anonymous donations. In addition, the charity received generous donations from the Comrie Cancer Care Research Club and the Hebridean Men's Cancer Support Group, Edinburgh and Lothians Prostate Cancer Support Group and Morrison's Construction following Workshop Toolbox presentations.

A number of fundraising events and initiatives were held during the year including:

James Thomson and Prestonfield House Hotel's held a Burns Supper in aid of the charity raising £22,100.

Thanks are due to James Thomson, Alan McGuiggan and the team at Prestonfield, the Chairman and speakers on the evening: Grant Stott, David Ashton and Jacqui Low.

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

The breadth of fundraising activities in both a geographical and type was extensive .Individual, group donations, sponsored events and fundraising events have been a vital support to Prostate Scotland. The trustees thank the individuals and groups for their donations and for giving time and effort to organise and take part in such events including from:

- Lucy McAneny who organised the seventh Big Quiz in Galashiels raising over £3,000;
- Westerton Male Voice Choir held a number of fundraising and awareness events raising over £7,000
- The Scottish Rally Girls who donated £4,300 from the sales of a special calendar
- · Hillfoots Rugby Club who organised a second rugby touch tournament raising over £3,000;
- Burghead Boxing Day Swim Association Committee who raised £2500
- Bob Stark Memorial Run raising over £1,500;
- . The 26 runners including teams form the Western General Hospital and Heriot Watt University who took part in the Edinburgh Marathon Festival who together raised over £15,000;
- · Craig Robertson and family organised a special walk round the Fife Coast from Dundee to South Queensferry:
- · CrewCuts Barbershop and Speedie Byers of Queen of the South Football Club who both raised a £1,000 each
- · Gerry Gallacher and Sarah Jane Whalen who both volunteers for the charity and also ran in the Great North Run and the Edinburgh Marathon Festival and raised over £1300
- June Valente organised a soul night at the Hibernian Supporters Club raising over £3,000
- The Rolling Hills Chorus who raised significant awareness as well as over £1,250 from several concerts in aid of the charity
- The Perry family who undertook the Pedal for Scotland ride raising over £1500;
- Caroline Bickley and Charlie Hankin arranged cabaret event in Fife raising just shy of £1500
- JudithTaylor from Aberdeen who organised an afternoon tea raising over £1000
- Kerry Gilmour in Inverurie who organised a special Bingo and Fish and Chips evening
- Murkle W! who raised £2,280 from a tea party
- Ann Rae and family who organised a range of fundraising activities raising over £2600
- St Stephens Choir in Inverness who raised £2165 from a special annual concert
- Forth Breast Cancer Care who raised £1000
- · lain Robertson and the Davidson family organised a special football tournament in memory of Sean Davidson raising over £1200
- The many walkers in the Kiltwalk in aid of Prostate Scotland including Joy Johnston and family as well a team from Moffat lead by Andrew Edgar which raised close to £5,000
- James Kininmonth of Meikleriggs Bowling Club who organised a special Sportsman's Dinner in Paisley raising over £4,000
- Andy Murray from Aberdeen who scaled 52 peaks in less than 52 weeks and raised over £2K
- Iain and Sharon Schreuder, Craig Conley, Terry Kirkwood, Paul Whyte all of whom raised wonderful amounts through running several races.
- The Edinburgh Rugby Oldies Society who kindly donated £1000
- The Riverside Darts Team in Musselburgh who raised over £3,800
- The Kilts to Carlo rally team who raised over £2500

The charity received several donations in the period from families and friends of loved ones who had passed away and who had made donations in memory of those they had lost. The trustees would like to express their sympathy and condolences and acknowledge these generous donations.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees have identified and reviewed its' major risks and are satisfied that systems are in place to mitigate exposure to major risks. The principal risks and uncertainties to which the charity is exposed are:

- The economic environment puts pressure on voluntary charitable donations
  The charity benefits strongly from voluntary donations and has seen a rise in the number and amount
  of these in the past few years. In order to mitigate against this risk, the trustees have scrutinised the
  budget carefully in order to ensure that projections of income are prudent, as well as having
  developed a plan to diversify and grow income and sustain voluntary donations:
- Demand for the charity's services could begin to exceed resource capacity
   Demand for materials from the charity is rising. However much of this growth has been anticipated as part of plans to increase awareness and measures to increase the amount of materials have been put in place together with recent increases in staff resourcing;

#### **Future Plans**

The charity's Trustee Board discussed the charity's mission, vision and forward work at its meeting in December 2018 and was satisfied that the mission and vision is still appropriate and relevant. Key objectives for the charity going forward are:

- Continued promotion of awareness and information on prostatic diseases and early detection;
- Further development of policy awareness and inclusion of prostate issues in national health/public policy;
- · Development of the charity's work to support men with prostate cancer and disease and their families
- · Development of emphasis on/availability of treatment and research into prostatic disease in Scotland;
- · Extending the charity's reach and development across Scotland;
- Developing the organisational resource base and capacity to take forward the charity's work and objectives.

The Board reviewed progress and activity and have prioritised the following activities for the coming year:

- Developing and increasing distribution outlets for Information and Advice materials to men and to health professionals and developing the range and format of materials;
- · Taking forward the patient research and policy project;
- · Taking forward the Workplace Initiative and Toolbox Talks;
- Developing and taking forward a programme of work to further support men with prostate cancer and disease in Scotland
- · Developing the fundraising base;
- Progressing the recruitment and engagement of more volunteers;
- · Taking further the Pull your Finger out Initiative on targeted awareness work about prostate disease;
- The development and taking forward of the training fund for robotic surgery in Scotland.

The trustees recognise that raising income remains a key task, and that the further development of voluntary/ individual giving remains a priority as well as a further diversification of income. With respect to income during the year 17% of total income went on fundraising - equivalent to 17% of expenditure. In regard to expenditure in the year 20% of total income was spent on support and governance costs, representing 20% of total expenditure. The trustees will aim to ensure that expenditure on administration continues to be low maintaining our cost effectiveness.

Key areas of expenditure in the coming year are expected to be:

- The continuation of the new awareness campaign; and Progressing awareness to improve public understanding of prostatic disease in particular encouraging more men and their families to be aware of prostatic disease symptoms and seek early advice
- Taking forward further research into services and treatment provision for prostate disease across Scotland:
- Scotland-wide Advice and Information work, particularly developing additional materials, and the Workplace Initiative;
- The development of a new programme of work to provide support for men with prostate cancer and disease in Scotland
- New IT support and supporter relations software including the purchase of a new database

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Structure, governance and management

The charity is controlled by its governing document, the Memorandum and Articles of Association, and is a company, limited by guarantee, as defined in the Companies Act 1985. The organisation is a registered Scottish charity under the Charities and Trustee Investment (Scotland) Act 2005. The Board of trustees meets quarterly and receives reports on income and expenditure, as well as the charity's administration and management. The Trustees set and approve the charity's strategy and key policies. Day to day operations, management and administration of the charity are delegated by the trustees to the charity's director Adam Gaines, who is a full time employee and who makes regular reports to the Board. Sir Tom Farmer CBE CVO KCSG DL was appointed as the charity's Patron in July 2009.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr I Conn

Dr A Gregor

Ms J Greia

Ms M Hallam

Mr A McLaren

Prof. S McNeill

Mr J Thomson

Mr R Wilson

Ms M McNeill

Mr B Thomas

(Resigned 5 February 2019)

Trustees when appointed are given an induction pack about the charity and its strategy, work and policies as well as opportunities to meet with the Chairman and the Director prior to appointment and to be briefed about the charity's work on appointment and to meet key staff.

The charity is directed, controlled, managed and operated by the board of trustees, who are the statutory company directors, and the managing director, who comprise the charity's key management personnel. All board members give their time freely and no remuneration was awarded to any board member in the period. Remuneration of the charity's staff management is determined by the board. This is reviewed by the board annually against key benchmarks, and is subject to an annual performance appraisal system. There are no employees who receive employee benefits of more than £60,000 per annum.

**Related Party Transactions** 

In January 2018 Prestonfield House Hotel limited held a Burns Supper in aid of Prostate Scotland, a company of which James Thomson, trustee, is a director. Prostate Scotland took a table at the event for key supporters of the charity for a fee of £500 (2016-17 £500). During the year unconditional donations and fundraising auction receipts of £2,530 were received from

trustees, or companies that they are a director of.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Statement of trustees' responsibilities

The trustees, who are also the directors of Prostate Scotland for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern pasis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved by the Board of Trustees.

Ms M Hallam

Trustee

Dated: 7 May 2019

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PROSTATE SCOTLAND

I report on the financial statements of the charity for the year ended 31 December 2018, which are set out on pages 13 to 24.

### Respective responsibilities of trustees and examiner

The charity's trustees, who are also the directors of Prostate Scotland for the purposes of company law, are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investments (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

#### Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the financial statements.

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - (ii) to prepare financial statements which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations;

have not been met or

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Sharon Collins FCCA
Thomson Cooper

22 Stafford Street Edinburgh EH3 7BD

Dated: 7 May 2019

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

## FOR THE YEAR ENDED 31 DECEMBER 2018

Total
2017
£
337,548
18,465
207
256 250
356,220
58,141
230,919
289,060
67,160
435,546
502,706
<del></del>

The statement of financial activities includes all gains and iosses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

## BALANCE SHEET AS AT 31 DECEMBER 2018

	2018			2047	
	Notes	£	£	201 £	7 £
Fixed assets					_
Intangible assets	12		14,878		40.450
Tangible assets	13		2,381		19,456 4,168
			17,259		23,624
Current assets					
Debtors	14	10,716		6,691	
Cash at bank and in hand		482,910		490,619	
0 - 11/2		493,626		497,310	
Creditors: amounts falling due within one year	15	(5,738)		(18,228)	
Net current assets			487,888		479,082
Total assets less current liabilities			505,147		502,706
			· · · · · · · · · · · · · · · · · · ·		
Income funds					
Restricted funds	17		7,578	400.054	6,655
Unrestricted funds		497,5 <b>69</b> ————		496,051	
			505,147		502,706
			======	•	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2018. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 7 May 2019

Ms M Hallam Trustee

Company Registration No. SC306268

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

#### 1 Accounting policies

#### Charity information

Prostate Scotland is a private company limited by guarantee incorporated in Scotland. The registered office is Princes Exchange, 1 Earl Grey Street, Edinburgh, EH3 9EE.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Accounting policies

(Continued)

#### 1.5 Resources expended

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay expenditure. All costs have been directly attributed to one of the functional categories or resources expenses in the SOFA.

Resources expended are included in the SOFA on an accruals basis, inclusive of any VAT which can not be recovered. Certain expenditure is directly attributable to specific activities and has been included in those cost categories.

Certain other costs, which are attributable to more than one activity, are apportioned across categories on the basis of an estimate of the proportion of time spent by staff on those activities.

#### 1.6 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website

20% straight line p.a.

#### 1.7 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment

33.3% straight line p.a.

Computers

33.3% straight line p.a.

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### 1 Accounting policies

(Continued)

### 1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at a nortised cost using the effective interest method.

#### Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

Donations and legacies				
	Unrestricted funds	Restricted funds	Total	Total
	2018 £	2018 £	2018 £	2017 £
Donations and gifts Legacies receivable	242,590 10,000	923	243,513 10,000	337,548
For the year ended 31 December 2018	252,590	923	253,513	
For the year ended 31 December 2017	331,161	6,387	·	337,548
Charitable activities				
			2018 £	2017 £
Burns Supper			22,154	18,465 
Investments		•	Unrestricted funds	Total
			2018 £	2017 £
Interest receivable			348	207
Raising funds			Unrestricted funds	Total
			2018 £	2017 £
Fundraising and publicity			47,031	58,141
Staging fundraising events			47,031	58,141
	Donations and gifts Legacies receivable  For the year ended 31 December 2018  For the year ended 31 December 2017  Charitable activities  Burns Supper  Investments  Interest receivable  Raising funds	Unrestricted funds  2018 2018 £  Donations and gifts Legacies receivable 10,000  For the year ended 31 December 2018 252,590  For the year ended 31 December 2017 331,161  Charitable activities  Burns Supper  Investments  Interest receivable  Raising funds  Fundraising and publicity	Unrestricted funds  2018 2018 £ £  Donations and gifts 242,590 923 Legacies receivable 10,000 -  For the year ended 31 December 2018 252,590 923  For the year ended 31 December 2017 331,161 6,387  Charitable activities  Burns Supper  Interest receivable  Raising funds  Fundraising and publicity	Unrestricted funds   Total funds   Total funds   2018   2018   2018   2018   E   E   E   E   E   E   E   E   E

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### 7 Charitable activities Information Robot Total Total advice and appeal 2018 2017 awareness £ £ £ Rent 16,701 16.701 20,592 Heat & light & phones 2,452 2,452 1,162 Advertising (Awareness) 49,107 49,107 5,031 Exhibition costs 2,900 Printing & stationery 8,076 8.076 29,480 Maintenance 4,598 4,598 4,013 Travel & subsistence 4,684 4.684 4.875 Subscriptions 895 895 827 Robot equipment donations 5,740 Sundry 7,416 7,416 3,142 Employee costs 77,376 77,376 89,461 171,305 171,305 167,223 Share of support costs (see note 8) 34,845 34,845 40,968 22,728 Share of governance costs (see note 8) 20,393 20,393 226,543 230,919 226,543 Analysis by fund For the year ended 31 December 2018 226,543 226,543 Unrestricted funds For the year ended 31 December 2017 217,877 217.877 Unrestricted funds 13,042 13,042 Restricted funds 230,919 217,877 13,042

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

	Support Go		2018	2017	Basis of allocation
	costs £	costs £	£	£	
Staff costs	34,845	-	34,845	40,968	Allocated on time
Accountancy	-	2,823	2,823	6,314	Governance
Legal and professional	-	10,524	10,524	9,490	Governance
Depreciation	-	7,046	7,046	6,924	Governance
	34,845	20,393	55,238	63,696	
Analysed between	•		·········		
Charitable activities	34,845	20,393	55,238	63,696	

#### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

#### 10 Employees

Number of employees

The average monthly number of employees during the year was:	2018 Number	2017 Number
	6	4
	2018	2017
Employment costs	£	£
1	130,226	149,529
Wages and salaries	8,781	11,478
Social security costs	2,221	881
Other pension costs		

The trustees and the managing director are the key management personnel of the charity. All board members give their time freely and no remuneration was awarded to any board member in the year. The total employment benefits received by the management of the charity, including pension contributions, for the year were £46,023 (12 month period ending 31st December 2017 - £46,371). No employees receive annual emoluments over £60,000.

#### 11 Corporation Tax

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

12	Intangible fixed assets			
				Website
	Cost			£
	At 1 January 2018 and 31 December 2018			07 750
	Amortisation and impairment			87,752
	At 1 January 2018			22.222
	Amortisation charged for the year			68,296 4,578
	At 31 December 2018			72,874
	Carrying amount			
	At 31 December 2018			
				14,878
	At 31 December 2017			10.456
				19,456 ———
13	Tangible fixed assets			
		Fixtures, fittings & equipment	Computers	Total
		£	£	£
	Cost			_
	At 1 January 2018	10,549	6,617	17,166
	Additions	226	454	680
	At 31 December 2018	10,775	7,071	17,846
	Depreciation and impairment	-	<del></del>	<del>, , , , , , , , , , , , , , , , , , , </del>
	At 1 January 2018	8,198	4,799	12,997
	Depreciation charged in the year	1,403	1,065	2,468
	popposition on angular in the year.	· · · · · · · · · · · · · · · · · · ·		
	At 31 December 2018	9,601	5,864	15,465
	Carrying amount		٠	
	At 31 December 2018	1,174	1,207	2,381
			4.040	4.400
	At 31 December 2017	2,350	1,818	4,168
			<del></del>	
14	Debtors			
			2018	2017
	Amounts falling due within one year:	•	£	£
	Trade debtors		2,700	611
	Other debtors		2,200	3,222
	Prepayments and accrued income		5,816	2,858
		s.	10,716	6,691
		·	5,816	

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

15	Creditors: amounts falling due within one year		
		2018 £	2017 £
	Trade creditors Other creditors Accruals and deferred income	1,812 227 3,699	2,419 11,545 4,264
		5,738	18,228

#### 16 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

#### 17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				
	Balance at 1 January 2018	Incoming resources	Resources expended	Transfers 31	Balance at December 2018
	£	٤	£	£	£
Robot Appeal Healthy Living & Exercise	6,655	923	-	-	6,655 923
				<del></del>	
•	6,635	923	-	-	7,578
•	2-1				

Robot Appeal Fund

Donations received for training and information in robotic assisted prostate surgery.

Healthy Living & Exercise Fund

Donations received for providing information specific to healthy living tips.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### 18 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

			Nov	ement in fund	ls	
		Balance a 1 January 2018	t Incoming	Resources expended	Transfers	Balance at 31 December
		£	£	£	£	2018 £
	General Fund Designated Information and Advice	254,224	274,330	(112,915)	(159,898)	255,741
	Fund Designated Prostate Disease Services	39,000	762	(57,960)	57,198	39,000
	and Research Fund	42,999	_	(31,110)	31,111	43,000
	Designated Prostate Awareness Fund Designated Robotic Surgery Appeal	40,000	-	(68,428)	68,428	40,000
	Fund Designated Prostate App Development	105,828	<del>-</del>	-	-	105,828
	Fund	14,000	<del>-</del>	(3,161)	3,161	14,000
		496,051	275,092	(273,574)	<del>-</del>	497,569
		<del></del>	7001LL			
19	Analysis of net assets between fund	s				
			Unrestricted funds	Restricted funds	Total	Total
			2018	2018	2018	2017
			£	£	£	£
	Fund balances at 31 December 2018 a represented by:	ire				
	Intangible fixed assets		14,878	-	14,878	19,456
	Tangible assets		2,381	-	2,381	4,168
	Current assets/(liabilities)		480,310	7,578	487,888	479,082
			497,569	7,578	505,147	502,706
				<del></del>		***************************************

#### 20 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	;	2018 £	2017 £
Within one year		7,000	18,000

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2018

#### Related party transactions 21

During the year the charity entered into the following transactions with related parties:

In January 2018 Prestonfield House Hotel limited held a Burns Supper in aid of Prostate Scotland, a company of which James Thomson, trustee, is a director. Prostate Scotland took a table at the event for key supporters of the charity for a fee of £500 (2016-17 £500). During the year unconditional donations and fundraising auction receipts of £2,530 were received from

trustees, or companies that they are a director of.