REGISTERED COMPANY NUMBER: SC306268 REGISTERED CHARITY NUMBER: SC037494

Report of the Trustees and Unaudited Financial Statements for the Year Ended 31 August 2015 for Prostate Scotland

> Ogilvie & Company Limited 25 Rutland Square Edinburgh EH1 2BW

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### Report of the Trustees for the Year Ended 31 August 2015

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2015. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

SC306268

#### Registered Charity number

SC037494

### Registered office

Princes Exchange 1 Earl Grey Street Edinburgh EH3 9EE

#### Trustees

Prof S A McNeill
Mrs M A McNeill
Mrs M F Hallam
J M Thomson OBE
R N Wilson
Dr A Gregor CBE
A C McLaren
Mrs J Greig
Dr I G Conn
Dr D J Bilsland

- appointed 1.12.14

- resigned 1.10.15

# **Company Secretary**

Mrs M A McNeill

#### Independent examiner

David C N Ogilvie FCA Ogilvie & Company Limited 25 Rutland Square Edinburgh EH1 2BW

#### **Solicitors**

Turcan Connell Princes Exchange 1 Earl Grey Street Edinburgh EH3 9LL

#### Administrative office

Gf, 6 Hill Street Edinburgh EH2 3JZ

#### **Investment Managers**

Adam & Co 25 St Andrews Square Edinburgh EH2 1AF

# Report of the Trustees for the Year Ended 31 August 2015

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The charity is controlled by its governing document, the Memorandum and Articles of Association, and is a company, limited by guarantee, as defined in the Companies Act 2006. The organisation is a registered Scottish charity under the Charities and Trustee Investment (Scotland) Act 2005. The Board of trustees meets quarterly and receives reports on income and expenditure, as well as the charity administration and management. Day to day operations and administration are delegated by the trustees to the charity's director Adam Gaines, who is a full time employee and who makes regular reports to the Board. Sir Tom Farmer CBE, CVO, KCSG, DL was appointed as the charity's Patron in July 2009.

#### Recruitment and appointment of trustees

Trustees are appointed for a period of three years, and are eligible for reappointment for subsequent terms. Graeme Conn was appointed in December 2014 as a trustee for a term of three years. David Bilsland stood down as a trustee on 1st October 2015. The Charity now has 9 trustees.

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees have identified and reviewed the major risks to which the charity is exposed; the risk register was reviewed as part of their review of the charity's business plan at their meeting on 19 May 2016 and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **OBJECTIVES AND ACTIVITIES**

#### Objectives and aims

The objects of the company are to advance education and health in relation to prostatic disease and the relief of ill-health through the advancement of treatment and management of prostatic diseases by all or some of the following means:-

- the advancement of education about the prostate gland its diseases and their treatment;
- the funding of provision of counselling, support and advice for those affected by prostate disease
- research into prostate disease in Scotland or elsewhere;
- the provision of funding to purchase and maintain surgical equipment for the specific treatment of prostate disease;

#### The charity's short to medium term aims are to:

- Enable more men, their families and key decision makers in Scotland to be aware of prostate disease and know where and how to get help, advice and treatment through printed, electronic and personal communication;
- Encourage the development of health policies which include prostate disease and treatment increase survival rates of men with prostate cancer through encouraging early diagnosis;
- Develop emphasis on the knowledge and availability of treatments, equipment and research into prostatic disease in Scotland.

#### Actions towards achieving these include:

- The development, dissemination and promotion of materials to increase awareness of prostatic disease including the development of awareness campaigns;
- The development and dissemination of three series' of information leaflets and booklets to provide men and their families with information about prostate diseases and their treatments; with dissemination particularly via GP surgeries and hospitals;
- Provision of a multifunctional website to provide information on prostatic disease;
- Delivering a Workplace Initiative on prostate disease information in the workplace;
- Significantly stepping up progress on the Blue Horizon Robot Appeal to provide robot-assisted prostatic surgery in the East and West of Scotland:
- Advancing a joint research project with the Cancer Care Research Centre at Stirling University into the future service and treatment needs of men with prostate disease in Scotland;
- Working in partnership with charities and health organisations to encourage the inclusion and adoption of greater treatment provision for prostatic disease.

#### ACHIEVEMENT AND PERFORMANCE

There was significant development during the year in taking forward the charity's new and revised three year strategy and business plan which set out for 2013-16 to prioritise:

- Raising awareness of prostatic disease its treatments and encouraging early detection;

# Report of the Trustees for the Year Ended 31 August 2015

#### ACHIEVEMENT AND PERFORMANCE

- Developing information and advice materials about prostate disease and its treatments for men and their families and taking forward their distribution across Scotland;
- Development of policy awareness and inclusion of prostate issues in national health/ public policy;
- Development of research into further improvements of services and treatment for prostate diseases in Scotland;
- Further development of the Blue Horizon Robot Appeal for robotically-assisted prostate surgery in Scotland;
- Development of the organisational resource base and capacity to support its key work and objectives.

Significant progress was made towards achieving these with:

- Over 50 presentations, awareness and fundraising talks, toolbox talks and workplace events, plus displays at over 15 exhibitions and events across Scotland;
- The provision of Information and Advice materials to members of the public, including the distribution of nearly 20,000 'Brief and 'Simple Guides' to prostate disease and its' treatments and over 3,800 comprehensive 'Explanatory Booklets' and 'Spotlight on' guides on the treatment of prostate disease;
- Tens of thousands of people in Scotland were reached with information about prostate cancer and disease through media, publications, website and events during the year.
- Over 85,000 page views were achieved via the website from 27,000 visitors.
- Nearly all Scottish national printed Sunday newspapers covered The Blue Horizon Robot Appeal as well as the BBC Scotland and STV websites.
- Regional news coverage of the Rotary Ride reached over 110,000 people, and various partnership activities with the Freemasons and Linlithgow Rose which included a spot on Sky Sports News, reached thousands more.
- taking forward of the project with the Cancer Care Research Unit at Stirling University to research future prostate services and treatment needs in Scotland;
- By the end of the year £2,625,640 had been raised or pledged towards the Blue Horizon Robot Appeal from individual donors, trusts, foundations and companies. This includes the contribution of up to £2,000,000 from the Scottish Government.

#### **Awareness Initiative**

Developing and promoting awareness of prostate cancer and disease its symptoms especially amongst men over 49 and their families across Scotland has been a significant and important part of the charity's work. The Trustees would like to thank the many individual donors, companies, organisations, clinicians and volunteers who have supported the awareness work over the past year. Three key partners have enabled the charity to extend its reach further across Scotland. These are The Grand Lodge of Scotland and its Provincial and daughter lodges, Linlithgow Rose Community Football Club, Rotary Great Britain and Ireland and Rotary clubs across Scotland. The Trustees thank these three organisations for the significant impact they have made on promoting prostate issues.

We undertook a substantial programme focussed on promoting awareness of signs and symptoms of prostate disease and to encourage early diagnosis. This activity included a pilot project designed to reach men in semi urban areas and was undertaken in Lanarkshire and Forth Valley over a 3 month period. Information was targeted at venues such as social, sports and welfare clubs, pubs, masonic halls, British Legion clubs and bowling clubs. Web visits have increased from these areas since the awareness initiative was undertaken.

A key element in our awareness programme has been the Workplace Initiative which is designed to reach men and spouses and partners via information through the work place. Our Workplace Toolkit was taken up by over 35 different organisations during the year across Scotland. During the year, the Workplace Toolkit won an award in the BMA Patient Information Awards. The Toolbox Workshops have proved to be a very successful, innovative way of reaching our target audience of men over 50. Feedback from the talks has been excellent- demonstrating increased knowledge of prostate disease and its symptoms as well as reports of men seeking follow up GP appointments. We partnered with organisations such as Lend Lease, Miller, Morgan Sindall, Kier, Morrison Construction, Heron Bros, Shell, NATS, Scottish Water, the Health and Safety Executive, NHS Fife, NHS Forth Valley, Falkirk and West Lothian Councils, the Child Maintenance Group and Glasgow Caledonian University. Over 43 workshops and events were delivered directly informing hundreds of men with more reached through exhibitions, posters, leaflets and packs for people to take away.

# Report of the Trustees for the Year Ended 31 August 2015

#### ACHIEVEMENT AND PERFORMANCE

We attended and exhibited at a number of key awareness events during the year including the 50+ Show in Glasgow, the British Association of Urology Nurses, and the Scottish Urological Society. Talks and displays were given to Provincial Grand Lodges and daughter Lodges as well as Rotary clubs. We were one of only three charities to participate in the 34th World Urology Congress/ SIU (Societe International D'Urologie) in Glasgow. We showcased our literature to both Scottish and overseas urologists (our patient guides were very well received with several urologists from other countries interested in utilising/adapting our materials for their patients). We were invited to partner with SIU, Glasgow City Marketing Bureau and St Enoch Centre in Glasgow to hold an awareness raising event for the public in the St Enoch Centre. The event received significant coverage on Smooth Radio.

Our partnership with leading community football club Linlithgow Rose flourished during the year. Awareness activities included Prostate Scotland's logos on kit, banners behind the goals for matches, leaflets for teams, supporters and members of the public. Club members distributed our leaflets into many locations. The partnership received substantial national media coverage, including a significant item on Sky Sports News about prostate cancer.

The charity was also a co-sponsor of the Red Kites Rugby Sevens side, who displayed our logo on their kit, on a large banner at home games and handed out awareness materials.

The Trustees would also like to thank the volunteers who have helped us with our awareness raising during the year.

#### Information and Advice

The Information and Advice Project involves the development of information for men, their families/partners and also for primary care staff and GPs. The objective of the information materials is threefold:

- I To raise awareness of prostate disease and prostate cancer amongst the general public particularly targeting men over 50, men within 'hard to reach groups' and men most at risk of prostate disease;
- II To have available accessible and relevant information and resources for men and their families following a diagnosis of prostate disease or prostate cancer;
- III For clinicians, Clinical Nurse Specialists (CNS) and GPs to have back-up information to provide to men following their consultation.

The overall objective of the project is to ensure that every man in Scotland will have access to at least one piece of literature about prostate disease. Significant and substantial progress was made during the year on taking forward the information and advice work.

The Trustees acknowledge and record their sincere thanks to the Scottish Government and Sir Tom Farmer through the Farmer Foundation for their generous support of this work. Additional significant donations towards this work included support from an anonymous donor, Comrie Cancer Care Research and Relief Fund, Edinburgh and Lothians Prostate Cancer Support Group. This enabled us to extend our range of publications and in particular we produced four new Spotlight on Guides:

- External Beam Radiotherapy for prostate cancer
- Hormone Therapy for prostate cancer
- Caring for an indwelling Catheter at home
- An updated guide to active surveillance as a management for prostate cancer

The charity produces informative introductory guides, explanatory guides (for men and their families post diagnosis) and 'spotlight on' guides about specific treatments. As mentioned above, this year we distributed many thousands of guides and booklets. Our distribution of publications is enhanced by the majority of Scottish hospitals giving them to patients. Tens of thousands of people in Scotland were reached with our information through media, publications, website and events. The charity also handled several hundred individual telephone and written enquiries from members of the public in 2014-15. Significant work was undertaken on making our publications even more accessible to disabled people with many large print versions completed, and work started on a guide to prostate issues for people with learning disabilities.

# Report of the Trustees for the Year Ended 31 August 2015

#### ACHIEVEMENT AND PERFORMANCE

#### Volunteering activities

Our work has been significantly helped through the support of a growing number of volunteers. Volunteers are provided with a Volunteer Toolkit to support them. Volunteering support has included assisting the delivery of Toolbox Workshops, promotional displays and awareness materials, local fundraising support, national events, plus talks and training and awareness sessions. A special volunteering evening and reception was held to celebrate the volunteers achievements. The Trustees would like to thank Alasdair Ferguson, Alex Dalgettie, Alison Walker, Billy Mathieson, Gerry Gallacher, Gordon Turnbull, Lucy McAneny, John Fulham, Michael Brown, Rob Lester, Roddy McLean, Sarah Jane Whalen, Samantha Taylor, Stephen Bird and Walter Moodie for their generous assistance and support during the year.

#### External relations and policy developments

Prostate Scotland is a member of the Scottish Cancer Coalition (which has 21 member charities). The coalition's purpose is the exchange of information and joint working on issues affecting cancer in Scotland. As part of the group, Prostate Scotland has engaged in a variety of issues including on awareness and early diagnosis of cancer, access to cancer medicines and on supporting people living with cancer and post treatment. The charity's director represents the Scotlish Cancer Coalition on the Scotlish Government Cancer Taskforce Sub group on the Transforming Cancer Care After -Treatment Group (TCAT) Programme Board. The TCAT programme is a three year partnership programme between the Scotlish Government, Macmillan Cancer Support, NHS Scotland and local authorities.

Prostate Scotland has maintained good relations with the key prostate disease organisations including with Prostate Cancer UK, the Edinburgh and Lothians Prostate Cancer Support Group and UCAN in Aberdeen over the past year.

In partnership with Prostate Cancer UK, we met the Scottish Government Detect Cancer Early Team to discuss a potential pilot project on detecting prostate cancer early to help inform the potential inclusion of prostate cancer in any future Detect Cancer Early campaign.

A submission was made to the UK Screening Committee review on Prostate cancer screening. Submissions of evidence were made by Prostate Scotland to the Scottish Medicines Consortium consultation process on whether the medicines Abiraterone and Enzalutamide should be made available on the NHS prior to chemotherapy - the charity urged inclusion. In addition a submission was also made to the SMC advocating the inclusion via the NHS of Radium 223 for treatment of prostate cancer bone metastases. We welcomed the SMC decision to include Abiraterone prior to chemotherapy and Radium 223 to be available on the NHS in Scotland, but expressed disappointment that Enzalutamide prior to chemotherapy was not approved for availability.

The charity also attended meetings of the Scottish Parliament Cross Party Group on Cancer and the Scotland against Cancer Conference.

## Development of Appeal on Robotic-Assisted Surgery in Scotland

The Blue Horizon Robot Appeal was set up to raise money to bring about robot assisted surgery programmes in the east and west of Scotland. This treatment for prostate cancer was unavailable in Scotland but very much becoming a treatment of choice in England, Europe and the United States.

A consultation meeting attended by consultant urological surgeons from across Scotland, chaired by Trustee Anna Gregor, produced considerable support for the decision for Prostate Scotland to fund one robot each for both the east and west of Scotland.

A very successful meeting with the then Cabinet Secretary for Health and Wellbeing, Alex Neil MSP, was followed by a commitment from the Scottish Government to contribute up to £2m (to be available in 2016/17) towards the Blue Horizon Appeal to support the purchase of a robot in both the east and west.

Our trustee, Prof Alan McNeill, represented the charity on a Scottish Government/ NHS National Planning Forum Subgroup to work with NHS planners, clinicians and other prostate charities to consider key issues in relation to minimal access surgery for prostate cancer.

By the end of the year £2,625,640 had been raised or pledged towards the appeal target of £2,860,000 including the contribution by the Scottish Government. The Trustees should like to thank the many organisations, trusts, individual donors and supporters who have made this progress possible and in particular:

- The Scottish Government

# Report of the Trustees for the Year Ended 31 August 2015

#### ACHIEVEMENT AND PERFORMANCE

- The Robertson Trust
- The Hugh Fraser Foundation
- The Farmer Foundation
- The William and Elizabeth Davies Trust
- The Barcapel Foundation in memory of RW Wilson
- The Team of cyclists from London to Brussels
- Richard Burns
- Hamish Buchan
- James Manclark
- Arthur Dolby
- Joe Headon
- Dr Mulla and family
- William Samuel CBE
- AEH Salvesen Charitable trust
- The Charitable Assets Trust
- The Souter Charitable Trust
- The PF Charitable Trust
- Cruden Foundation
- George Davidson in memoriam
- Macdonald Estates .
- David's Kitchen
- RJ McLeod
- Edward Green
- Carbon Financial Partners
- Duckworth Alexander
- Philip Oppenheim
- The Glasgow Ball
- Hamish Campbell
- The Thorburn family
- Alan and Susan Pate
- Kemnay and Aberdour Golf Clubs
- Rotary clubs in Scotland participating in the Rotary Ride for Prostate Cancer 2015
- Grand Lodge, Provincial Grand Lodges and daughter lodges participating in the Zipline Challenge
- James Thomson and his team at Prestonfield for generously holding the 2015 Prestonfield Burns Supper in aid of Prostate Scotland, raising £13,000 towards the Blue Horizon Robot Appeal. Thanks are also due to Chairman and speakers on the evening Grant Stott, William Hunter, Johann Lamont MSP and Archie Graham CBE.
- There was also some notable individual fundraising for the Blue Horizon Robot Appeal. A team of 23 cyclists raised over £40,000 by riding from London to Brussels in aid of the Appeal. Dr Mustafa Mulla and family ran the 10K run in the Edinburgh Marathon Festival and raised over £12,000, including generous donations from the four Mosques in Lanarkshire. Four relay teams in the Edinburgh Marathon made up chiefly of doctors and nurses from the Western General Hospital Edinburgh including Alan McNeill, Bob Reuben, Charles Wallis, Chitranjan Shukla, Faye McWilliam, Grant Stewart, Jayne Barbour, Julie Fairgrieve, Karina Laing, Keith Harper, Kevin O'Connor, Kevin Gallagher Mark Cutress, Maeve Dooher, Richard Clayton, Roland Donat who raised over £10K.

The Board would like to thank the Appeal Fundraising Committee for their support - Robert Wilson, Alastair Mair, Alan McLaren, Alan McNeill, Anna Gregor, Ian Dunn, Kevin Robertson, Julia Miller, Naim Aktar, Peter de Vink, Stephen Docherty and Prof Walter Nimmo. Thanks are also due to Stuart Armstrong for his significant and valued assistance in taking forward the appeal fundraising in the early part of the year and also to Richard Walker for his hard work and expertise in taking the appeal fundraising forward. The Trustees would also like to thank the clinicians, nurse specialists, and men with prostate cancer who kindly participated in the Scotland wide robot surgery consultation process.

#### Fundraising activities

During the year there has been an increase in donations from individuals, trusts and companies. Total donations were £354,324 (including £183,810 for Robot Appeal) - which was a 61% increase over last year. Donations account for the largest element of the charity's income - just under 95%.

The Trustees would like to acknowledge and thank all the charity's donors and supporters, for their support enabling the charity to take forward its core services and activities.

# Report of the Trustees for the Year Ended 31 August 2015

#### ACHIEVEMENT AND PERFORMANCE

The Trustees have very much appreciated the partnership and support of the Grand Lodge of Scotland in creating opportunities to raise awareness of prostate cancer and disease and record their sincere thanks. This support included a generous donation of £10,000, enabling the charity to produce many thousands of information publications. The charity has very much appreciated the engagement with freemasons right across Scotland and the support we have received from over 45 lodges. This has included the Provincial Grand Lodges of Edinburgh, Fife and Kinross, Midlothian, East Lothian and Berwick, Linlithgowshire and Stirlingshire which undertook a special 2 Bridges 6 Provinces cycle ride round the Forth raising over £7,400. We also received generous support from the Provincial Grand Lodges of Aberdeenshire West, Lanarkshire Middle Ward, Perthshire West and Renfrewshire West. This support has enabled the charity to reach many thousands more men. We have had several instances and reports of men receiving prostate information via the partnership that led to men seeking checks, and being diagnosed and receiving treatment.

Rotary clubs across Scotland provided a very valuable partnership as a part of the initiative by the Rotary Great Britain and Ireland to launch the Rotary Ride for Prostate Cancer on Father's Day 21st June 2015. Prostate Scotland was the selected beneficiary charity in Scotland. Events took place from Stornoway and Orkney across the North of Scotland and then down the East Coast through to Newton Stewart.

- 80 clubs across Scotland taking part out of a total of 250 from across Great Britain and Ireland;
- 1500 riders across Scotland;
- Over £45,000 raised, half of which was put towards the Robot Appeal;
- 15,000 pieces of Prostate Scotland awareness literature distributed on the day;
- 110,000 opportunities to be seen in regional and local papers and over 500,000 people reached through radio broadcasts including a special item on BBC Scotland Drive Time mentioning Prostate Scotland's work and impact;

The Trustees would like to thank the Rotary clubs across Scotland for their involvement, enthusiasm and support with a special mention going to Keith Hopkins, Stephen Docherty and Tony Turvey. A slide show of the day was made which can be seen at:

www.prostatescotland.org.uk/information/news-and-events/rotary-ride-for-prostate-cancer

A golf day was held at Muirfield which raised £7,000 towards the charity's work. Thanks are due to the Honourable Company of Edinburgh Golfers, Stewart McEwen, Peter Brown, Prof Alan McNeill, Michael White, Marjorie Townsend and Harry Owen.

Individual, group donations, sponsored events and fundraising events have been a vital support to Prostate Scotland. The Trustees thank the individuals giving substantial time and effort this year to organise and take part in such events including:

- Margaret McQueen and sisters Liz and Charlotte for the Butterflies Ball in West Lothian;
- Lucy McAneny and Lucille Paterson for the fourth Big Quiz in Galashiels;
- Samantha Taylor for several fundraising events in West Lothian;
- Amanda Robbins and also Graeme Macklin for fundraising through shaving their heads;
- The Davidson Family in West Lothian for numerous events, including a special Ska night;
- Malcolm Stubbs and Clare McGill for organising an evening dance event in Kirkliston;
- Several kind gentlemen who grew moustaches in aid of the charity in November 2014;
- A sponsored walk by staff and customers of the Clachnaharry Inn in Inverness;
- Bob Robertson and Family for a sponsored walk from Linlithgow to South Queensferry;
- Staff at the Hard Rock Cafe in Glasgow;
- Douglas Victoria Bowling Club;
- Staff at Langstane Press;
- Christine Baker, Sarah Morris, Alison Mooney and Andrew Mooney for taking part in the Loony Dook in the Firth of
- Lynn Preston for organising a special a birthday party;
- Tom Finney for his 60 Challenge;
- Glasgow Caledonian University for their Treasure hunt.

There were many supporters who undertook sporting activities in aid of the charity, raising both awareness and well as funds. Thanks are due to them all including:

- All the individuals, teams and families running in the Edinburgh Marathon Festival in aid of Prostate Scotland as well as Alana Vass, Archie Rettie, Hannah-Jane Headon, Sean Jarvie, Scott Gorman, Alan McIntosh, Stephen Campbell, Lisa Hopkins, Craig Róbertson, Jamie Green, Archie Mackay who altogether raised over £20,000;
- Bernie Quinn and Dave Henry for undertaking and completing the world's most difficult race the Marathon des Sables
- double marathons every day for six days;

### Report of the Trustees for the Year Ended 31 August 2015

#### ACHIEVEMENT AND PERFORMANCE

- Lynsey Patrick Neil Paterson, John Armstrong, William Thomson, Steven Marr, Lisa Marr, Sam Gillespie and Chris McSorley for taki,ng part in Tough Mudder;

- Adam Nicol for cycling from Edinburgh to London and Paul Taylor for riding from John O'Groats to Land's End, Stuart Dalgarno in the Etape Loch Ness, Sean Dimmock for Etape Caledonia, David Gray for Loch Lomond Triathlon, Peter Leckie for the Ride of the Falling Rain and Edna Ferguson for completing the Sally Challenge;

- Bill Neill for running the Leiden 10K with his son and granddaughter;

- Rhoda and Iona Brodie for running the Dundee Half Marathon, Tony Beacom for running the Loch Ness Marathon

and Gordon Philip in the Inverness Half Marathon.

The charity was fortunate to receive support from three choirs. The Edinburgh Telephone Choir donated the funds from its annual concerts, the Rolling Hills Chorus, a 50 strong male voice choir, used its performances at the Edinburgh Festival Fringe to raise awareness of the charity's work, donated funds raised from its Christmas Singouts and wore the charity's logo on its shirts and the Lothian B-us male voice choir continued to support the charity with a variety of performances.

The charity received several donations in the year from families and friends of loved ones who had passed away and who had sent in donations in memory of those they had lost. The Trustees would like to express their sympathy and

condolences and acknowledge these generous donations.

**Charity and Organisational Development** 

Irina Mocan was appointed as the charity's bookkeeper to support the finance function. Bart Dignan, the charity's Awareness and Fundraising Intern via the Third Sector Internship Scheme (TSIS) completed his internship. The charity secured a further part funded six month TSIS internship to which Elizabeth Harris was appointed. The Trustees would like to express their thanks to the TSIS - which was funded by the Scottish Funding Council and run by Queen Margaret University, SCVO and the Open University - for supporting these internships and to Bart and Elizabeth for their excellent input and hard work.

The Board would like to thank Stuart Armstrong and Tim Dawson for their help during the year in providing consultancy services to the charity in relation to the Blue Horizon Robot Appeal and the charity's media and communications work respectively.

#### FINANCIAL REVIEW

The results for the year are set out in the statement of financial activities which shows a surplus of £220,268 for the year (2014: £78,390). The surplus was chiefly due to donations and grants towards the Blue Horizon Robot Appeal. These donations are held as a separate restricted fund.

Income by comparison with the previous year was significantly higher at £422,518 (2014: £267,314). This difference is largely accounted for by donations of £183,000 towards the Blue Horizon Robot Appeal, and voluntary donations to support our key activities. Voluntary income from donations at £354,324 was significantly higher than in 2014 (2014:

Grant and award income during the year (£7,000) was the same as the previous year.

Interest on income and investment gains were £4,476, slightly lower than the previous year (£4,790) due to low interest

Expenditure for the year was £201,757 - £7,295 higher than in the previous year. This is due to additional costs incurred on the fundraising activities which took place during the year, largely in support of the Blue Horizon Robot Appeal. Key expenditure was directed towards advancing the information and advice project, development and printing of information and advice literature and to promote awareness of prostate disease and its treatments. There was an increase in services and consultancy costs to support the Blue Horizon Appeal and press and media work in particular on the Rotary Ride for prostate cancer. £15,848 was spent on the Blue Horizon Robot Appeal, £2,629 on taking forward the prostate services and treatment research project.

The Trustees feel the level of support for the Blue Horizon Robot Appeal, the continued growth in the number and amount of donations for our core activities together with the increased geographical engagement and spread of our support is very encouraging.

# Report of the Trustees for the Year Ended 31 August 2015

#### FUTURE PLANS

In January 2016 the Trustees reviewed the charity's strategy for the coming three to five years. This included reviewing the charity's mission and vision and the Trustees were satisfied that this was still appropriate and relevant. They decided that there was a need to place emphasis on the charity further reaching out across Scotland, and on developing its role representing patient views and needs, in addition to taking forward its information and support work. To build on the successful development of the organisation and the delivery of its aims, the Trustees adopted a new three year business plan aimed at further increasing the impact of the charity's work.

Key objectives for the next three years are:

- Increased promotion of awareness and information on prostatic diseases and early detection;
- Further development of policy awareness and inclusion of prostate issues in national health/public policy;
- Development of emphasis on/availability of treatment and research into prostatic disease in Scotland;
- Conclusion of the Blue Horizon Robot Appeal;
- Extending the charity's reach and development across Scotland;
- Developing the organisational resource base and capacity to take forward the charity's work and objectives.

Over the next year, the following activities are planned:

- Develop and increase distribution outlets for Information and Advice materials to men and to health professionals and developing the range and format of materials;
- Completing the Spotlight On series of information materials;
- Taking forward the Workplace Initiative and Toolbox Talks and piloting seminars for men about living with prostate disease;
- Developing and upgrading the charity's website and social media output;
- Progress the recruitment and engagement of more volunteers;
- Developing the organisation's fundraising base;
- Advance the inclusion of prostate cancer in the Detect Cancer Early Initiative;
- Progress a programme of targeted awareness work about prostate disease to include a number of new materials, approaches via health centres and community settings, and through exhibitions and events
- Devise a new awareness and fundraising campaign to help raise public awareness of prostate disease;
- Press forward with the joint research project into the provision of services and treatments for prostate disease and prostate cancer across Scotland with the University of Stirling Cancer Care Research Centre and also develop a further ongoing research programme into men's perspectives of treatment/services for prostate disease in Scotland;
- Develop a Training Fund for robotic surgery in Scotland;
- Complete the Blue Horizon Robot Appeal for robotically assisted prostatic surgery programmes in East and West of Scotland.

The Trustees recognise that raising income remains a key task, and that the further development of voluntary/individual giving remains a priority.

With respect to expenditure in the year, 4.7% of total income was spent on support and governance costs, representing 9.8.% of total expenditure. The Trustees will aim to ensure that expenditure on administration continues to be low maintaining our cost effectiveness.

Key areas of expenditure in the coming year are expected to be:

- The Scotland-wide Advice and Information work, particularly developing additional materials, and the Workplace Initiative:
- Progressing the awareness initiative to improve public understanding of prostatic disease in particular encouraging more men and their families to be aware of prostatic disease symptoms and seek early advice;
- The development of a new awareness campaign;
- Research into services and treatment provision for prostate disease across Scotland;
- Support for developing local fundraising and donor relations;
- Completion of and disbursement of the funds raised via the Blue Horizon Robot Appeal for robotically assisted prostatic surgery in the east and west of Scotland;
- Developing a fund for Scotland for training in robotic surgery.

# Report of the Trustees for the Year Ended 31 August 2015

Reserves Policy

The funds for the Information and Advice Project from the Scottish Government are restricted, as are the funds for the Awareness and Fundraising Intern and the funds raised for the Blue Horizon Robot Appeal. The Trustees will continue to designate certain funds for key projects to assist in fulfilling key objectives. This includes the designation of £31,000 towards the Information and Advice project, £16,000 towards the prostate disease and services and treatments research, £5,000 towards prostate awareness. At a meeting on 26 February 2015, the Trustees resolved to designate an additional £152,000 of the existing reserves towards the Robot Appeal. It is considered that reserves should be maintained at a level to cover at least nine months expenditure.

Approved by order of the board of trustees on 29 April 2016 and signed on its behalf by:

Mrs M F Hallam - Trustee

#### Independent Examiner's Report to the Trustees of Prostate Scotland

I report on the accounts for the year ended 31 August 2015 set out on pages thirteen to twenty one.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

David C N Ogilvie FCA Ogilvie & Company Limited 25 Rutland Square Edinburgh EH1 2BW

29 April 2016

# Statement of Financial Activities for the Year Ended 31 August 2015

				2015	2014
	τ	Inrestricted	Restricted	Total	Total
		funds	funds	funds	funds
	Notes	£	£	£	£
INCOMING RESOURCES			•		,
Incoming resources from generated funds					
Voluntary income	1	163,514	190,810	354,324	255,203
Activities for generating funds	2	63,718	· -	63,718	7,321
Investment income	3	4,476	-	4,476	4,790
		231,708	190,810	422,518	267,314
Total incoming resources		231,700	170,010	TAMES IS	201,21
RESOURCES EXPENDED					
Costs of generating funds					00.010
Costs of generating voluntary income		98,675	-	98,675	88,312
Investment management costs	4	1,883	-	1,883	3,507
Charitable activities					
Awareness campaign		74,358	7,000	81,358	82,908
Governance costs	5	3,887	-	3,887	2,714
Other resources expended		15,954	-	15,954	17,021
Total resources expended		194,757	7,000	201,757	194,462
NET INCOMING RESOURCES BEFORE		26.051	183,810	220,761	72,852
TRANSFERS		36,951	103,010	220,701	12,002
Gross transfers between funds	13	(70,445)	70,445		
Net incoming/(outgoing) for the year before		•			
other recognised gains and losses		(33,494)	254,255	220,761	72,852
Realised gains/(losses) on fixed asset investmen	ts	(493)	-	(493)	5,538
		(33,987)	254,255	220,268	78,390
Net income/(expenditure)		(33,761)	254,400		,
RECONCILIATION OF FUNDS					
Total funds brought forward		374,005	7,000	381,005	302,615
TOTAL FUNDS CARRIED FORWARD		340,018	261,255	601,273	381,005

## Balance Sheet At 31 August 2015

				2015	2014
	Uı	restricted	Restricted	Total	Total
		funds	funds	funds	funds
	Notes	£	£	£	£
FIXED ASSETS					2.262
Tangible assets	9	3,359	-	3,359	2,362
Investments	10	203,925	-	203,925	200,698
n.		207,284	-	207,284	203,060
CURRENT ASSETS					
Debtors	11	20,477	-	20,477	5,372
Cash at bank		134,273	261,255	395,528	195,913
		154,750	261,255	416,005	201,285
					•
CREDITORS	12	(22,016)	_	(22,016)	(23,340)
Amounts falling due within one year	12	(22,010)	_	(22,010)	(20,0.0)
		· <u>· · · · · · · · · · · · · · · · · · </u>	<del></del>		<del></del>
NET CURRENT ASSETS	•	132,734	261,255	393,989	177,945
TOTAL AGENCY NOS GURBINA		e e e e e e e e e e e e e e e e e e e			
TOTAL ASSETS LESS CURRENT . LIABILITIES		340,018	261,255	601,273	381,005
NET ASSETS	•	340,018	261,255	601,273	381,005
	12				
FUNDS	13			340,018	374,005
Unrestricted funds				261,255	7,000
Restricted funds					.,
TOTAL FUNDS		- *		601,273	381,005

#### Balance Sheet - continued At 31 August 2015

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2015.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 August 2015 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 29 April 2016 and were signed on its behalf by:

Mrs M F Hallam -Trustee

# Notes to the Financial Statements for the Year Ended 31 August 2015

#### 1. ACCOUNTING POLICIES

**Accounting convention** 

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities:

**Incoming resources** 

Incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to the consideration by its performance. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included as these cannot be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Website - 20% on cost Fixtures & equipment - 33.33% on cost

Computer equipment - 33.33% on cost

Investments held as fixed assets are revalued at market value at the balance sheet date and the gain or loss taken to the Statement of Financial Activities.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## 2. ACTIVITIES FOR GENERATING FUNDS

Income from fundraising events  $\begin{array}{ccc} \mathbf{2015} & \mathbf{2014} \\ \mathbf{\pounds} & \mathbf{\pounds} \\ \mathbf{63,718} & \mathbf{7,321} \\ \hline & & & \\ \hline \end{array}$ 

# Notes to the Financial Statements - continued for the Year Ended 31 August 2015

## 3. INVESTMENT INCOME

••		·	
	Od Carl and investments Dividends	2015 £ 3,157	2014 £ 3,283
	Other fixed asset investments - Dividends	792	983
	Other fixed asset investments - Corporate bonds		
	Deposit account interest	527	524
		4,476	4,790
4.	INVESTMENT MANAGEMENT COSTS		•
		2015	2014
		£	£
	Administrative expenses	1,883	3,507
	Administrative expenses	===	
5.	GOVERNANCE COSTS		
		****	2014
		2015	2014
		£	£
	Accountancy and independent examiner's fees	3,150	2,130
	Professional fees	737	584
		3,887	2,714
6.	NET INCOMING/(OUTGOING) RESOURCES		
	Net resources are stated after charging/(crediting):		
	f	2015	2014
		£	£
	Depreciation - owned assets	2,155	1,154
	Depression of the access		===

## 7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2015 nor for the year ended 31 August 2014.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 August 2015 nor for the year ended 31 August 2014.

# Notes to the Financial Statements - continued for the Year Ended 31 August 2015

## 8. STAFF COSTS

9.

Wages and salaries Social security costs			2015 £ 89,274 7,133 ———————————————————————————————————	2014 £ 94,809 9,338 104,147
The average monthly number of employees of	during the year was as	follows:		
Administration			2015	2014 4
No employees received emoluments in excess	ss of £60,000.			
TANGIBLE FIXED ASSETS	Website £	Fixtures & equipment	Computer equipment £	Totals £
COST	(4.9/2	( EE3	982	72,398
At 1 September 2014	64,863	6,553	3,152	3,152
Additions Disposals	-	_	(120)	(120
At 31 August 2015	64,863	6,553	4,014	75,430
DEPRECIATION				
At 1 September 2014	63,279	5,775	982	70,036
Charge for year	396	709	1,050	2,155 (120
Eliminated on disposal	<u></u>	-	(120)	(12)
At 31 August 2015	63,675	6,484	1,912	<b>72,07</b> 1
NET BOOK VALUE	,	·		
NET BOOK VALUE At 31 August 2015	1,188	69	2,102	3,359

# Notes to the Financial Statements - continued for the Year Ended 31 August 2015

## 10. FIXED ASSET INVESTMENTS

			Listed investments £
	MARKET VALUE		200 (00
	At 1 September 2014		200,698
	Additions		82,103 (72,060)
	Disposals		(6,816)
	Revaluations		<del>(0,010)</del>
	At 31 August 2015		203,925
	NET BOOK VALUE		
	At 31 August 2015		203,925
			200,698
	At 31 August 2014		200,098
	There were no investment assets outside the UK.		
	All investments are held primarily for an investment return.		
11.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
-		2015	2014
		£	£
	Other debtors	20,477	5,372
12.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2015	2014
		2015 £	£ 2014
	Trade creditors	10,648	21,210
	Other creditors	11,368	2,130
	₩,1₩, ₩,1₩₩,1₩,1₩,1₩,1₩,1₩,1₩,1₩,1₩,1₩,1₩,1₩,1		
		22,016	23,340
			***************************************

# Notes to the Financial Statements - continued for the Year Ended 31 August 2015

## 13. MOVEMENT IN FUNDS

	At 1.9.14	Net movement in funds £	Transfers between funds £	At 31.8.15
Unrestricted funds			(007.007)	99 949
General fund	192,005 182,000	127,332 (90,874)	(227,025) 156,580	92,312 247,706
Designated fund	102,000	(90,674)	130,300	247,700
	374,005	36,458	(70,445)	340,018
Restricted funds				
Information and Advice	7,000	102.010	= 50.445	7,000
Blue Horizon Robot Appeal		183,810	70,445	254,255
	7,000	183,810	70,445	261,255
TOTAL FUNDS	381,005	220,268		601,273
Net movement in funds, included in the above are	Incoming resources	Resources expended £	Gains and losses £	Movement in funds
Unrestricted funds		and the state of the		
General fund	231,708	(103,883)	(493)	127,332 (90,874)
Designated fund		(90,874)		(90,874)
	231,708	(194,757)	(493)	36,458
Restricted funds				
Information and Advice	7,000	(7,000)	-	-
Blue Horizon Röbot Appeal	183,810			
				183,810
	190,810	(7,000)	-	183,810
TOTAL FUNDS	190,810 ————————————————————————————————————	(7,000)	(493)	

# Notes to the Financial Statements - continued for the Year Ended 31 August 2015

#### 13. MOVEMENT IN FUNDS - continued

The Designated fund which is held in cash and investments, has been allocated to the following projects by the trustees:

	2015	2014
	£	£
Information and advice project	31,000	31,000
Prostate disease, service and research	16,000	16,000
Prostate awareness	5,000	5,000
Robotic surgery appeal	195,706	130,000
Total Designated Fund	247,706	182,000

The information and advice restricted fund was set up for the funding received from the Scottish Government and Sir Tom Farmer. This fund is used to cover the costs of the part time information co-ordinator and the costs of developing and providing information and advice materials on prostate disease. A total of £31,000 has been designated for this project and further funding has been secured from the Scottish Government of £7,000 per year for three years.

The prostate disease, service and research fund was set up to support a joint research project with the Cancer Care Research Centre at the University of Stirling.

The prostate awareness fund was set up to support the charity's activities in promoting awareness of prostate disease, this fund is used to cover costs of advertising and publications.

The Blue Horizon Robot Appeal restricted fund has been set up for the funding raised for the provision of robot-assisted prostatic surgery in Scotland. The funds which were raised for this in the previous year have also been transferred to this restricted fund. The trustees have also designated a further £152,000 during the year to the unrestricted robotic surgery appeal fund. The total amount reserved for this appeal is £449,961.

#### 14. RELATED PARTY DISCLOSURES

During the year the charity received donations totalling £35,000 from the Barcapel Foundation, a not for profit company in which the chairman, Robert Wilson, is also a director.

#### 15. ULTIMATE CONTROLLING PARTY

The charity is controlled by its trustees.

# Detailed Statement of Financial Activities for the Year Ended 31 August 2015

		2015	2014
	,	£	£
INCOMING RESOURCES		•	
Voluntary income			
Donations		345,948	244,490
Gift aid		1,376	3,713
Grants		7,000	7,000
		354,324	255,203
		337,327	200,200
Activities for generating funds			
Income from fundraising events		63,718	7,321
T			
Investment income Other fixed asset investments - Divide	ends	3,157	3,283
Other fixed asset investments - Corpor		792	983
Deposit account interest		527	524
•	A Company of the Comp		
	en e	4,476	4,790
PS 4 11		422,518	267,314
Total incoming resources		7223510	207,511
RESOURCES EXPENDED	•		
Costs of generating voluntary incom	ne.		
Wages		67,940	73,894
Social security		5,813	7,528
Just Giving Costs		1,585	1,148
Event costs		23,337	5,742
		98,675	88,312
		20,073	00,512
Investment management costs			
Administrative expenses	·	1,883	3,507
Charitable activities		21,334	20,915
Wages Social security		1,320	1,810
Information and advice		38,609	41,323
Prostate awareness		14,520	5,693
Robotic surgery appeal		2,250	2,561
Prostate disease, service and research		2,629	9,305
Donation to other charities		300	905
Depreciation Charles		396	396
•			
		81,358	82,908
Governance costs			
Accountancy and independent examin	ner's fees	3,150	2,130
Professional fees		737	584
T TATABANAMI TAAA	•		
		3,887	2,714

Support costs

# Detailed Statement of Financial Activities for the Year Ended 31 August 2015

	2015	2014
	£	£
Management		
Rent and other establishment costs	7,833	7,000
Insurance	560	535
Postage and stationery	3,150	5,222
Sundries	699	1,396
Travel	942	1,291
Recruitment expenses	13	794
Office machine maintenance	973	_
	14,170	16,238
Finance	25	25
Bank charges	25	23
Other	709	758
Fixtures and fittings		130
Computer equipment	1,050	
	1,759	758
Total resources expended	201,757	194,462
and the state of the		
		=
Net income before gains and losses	220,761	72,852
Realised recognised gains and losses Realised gains/(losses) on fixed asset investments	(493)	5,538
Net income	220,268	78,390